
2026
VERMONT ENVIROTHON

AQUATICS TRAINING

MARCH 4, 2026
JOHN MCCANN
USFS



WHAT ARE WE COVERING TODAY?

 Hydrologic Cycle, Topography, Landforms, and Watersheds

 Water-Based Habitats and Processes

 Aquatic Species Biology and Identification

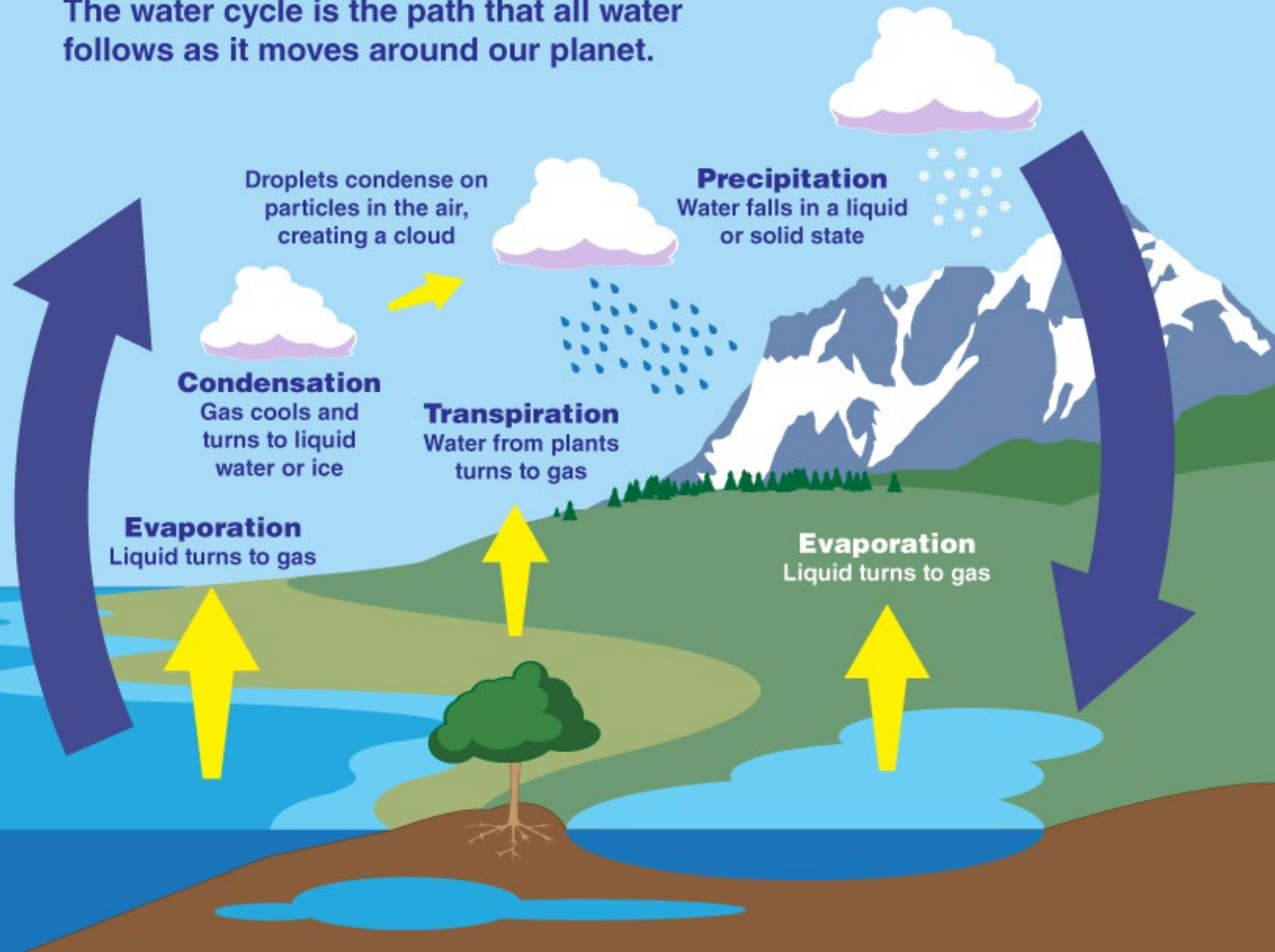
 Water Quality Basics and Monitoring

 Land Management for Water Quality Conservation



The Water Cycle

The water cycle is the path that all water follows as it moves around our planet.



HYDROLOGIC CYCLE

- Where does the water come from?
- Where does it go?
- How does it get there?

TOPOGRAPHY

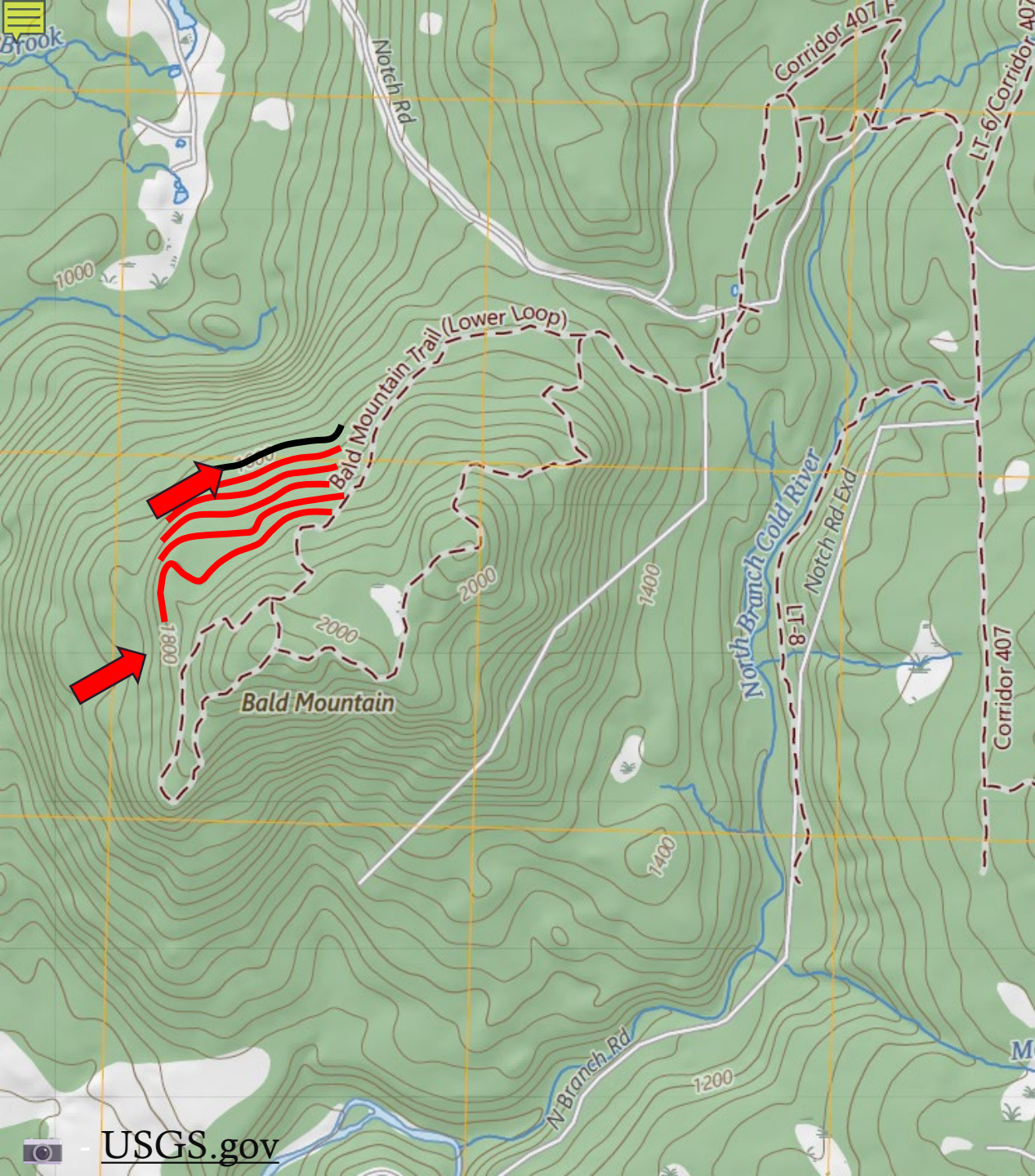


topos (n.)

"traditional literary theme," 1948, from Greek *topos*, literally "place, region, space," also "subject of a speech," a word of uncertain origin. "The broad semantic range renders etymologizing difficult" [Beekes].

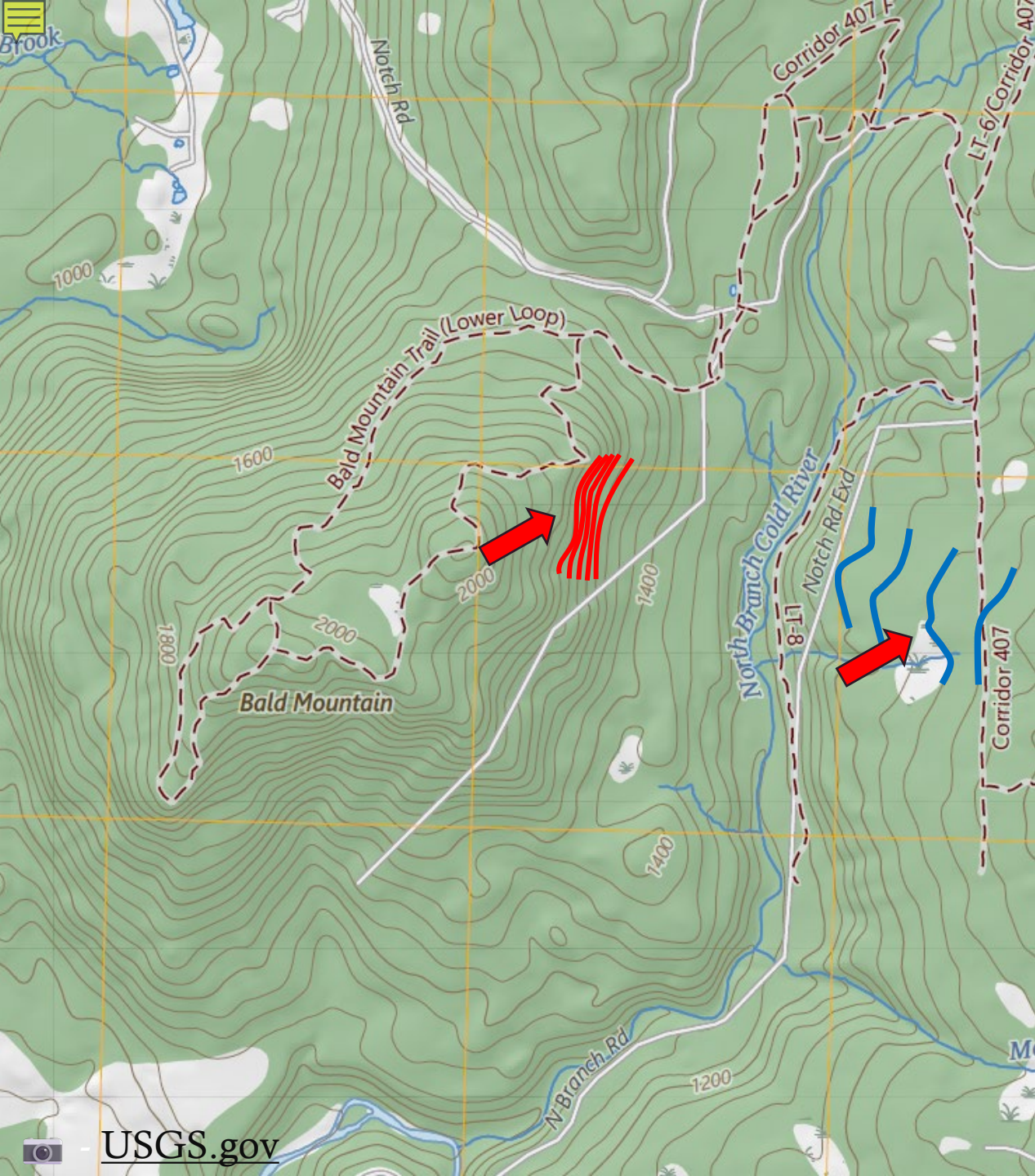
-graphy

word-forming element meaning "process of writing or recording" or "a writing, recording, or description" (in modern use especially in forming names of descriptive sciences), from French or German *-graphie*, from Greek *-graphia* "description of," used in abstract nouns from *graphein* "write, express by written characters," earlier "to draw, represent by lines drawn," originally "to scrape, scratch" (on clay tablets with a stylus), from PIE root **gerbh-* "to scratch, carve" (see **carve**).



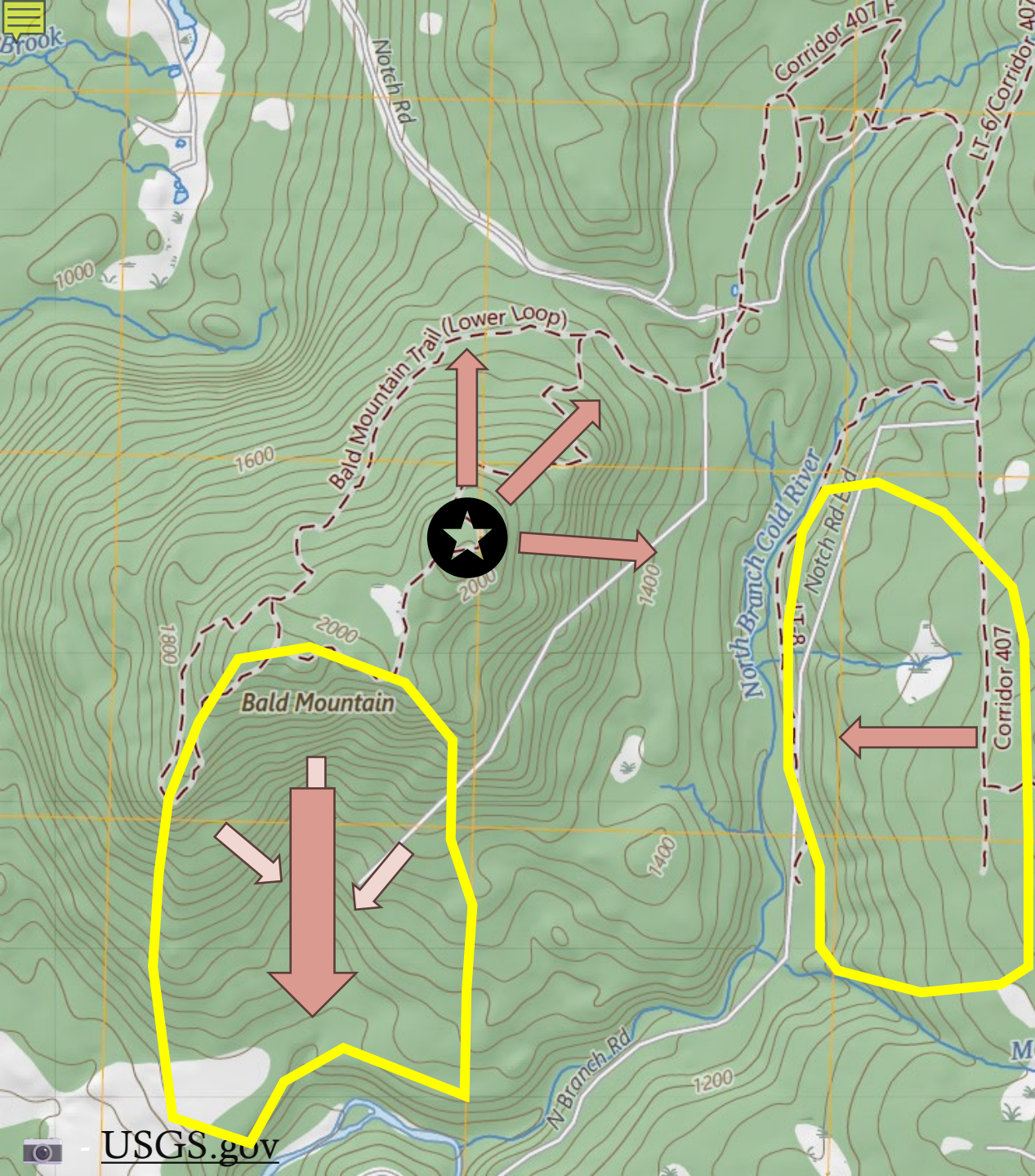
HOW DOES TOPOGRAPHY INFLUENCE HYDROLOGY?

- Elevation
 - Slope
 - Aspect
 - Flow Direction
 - Flow Concentration
 - Stream Order
 - Landforms
 - Watershed Delineation
-



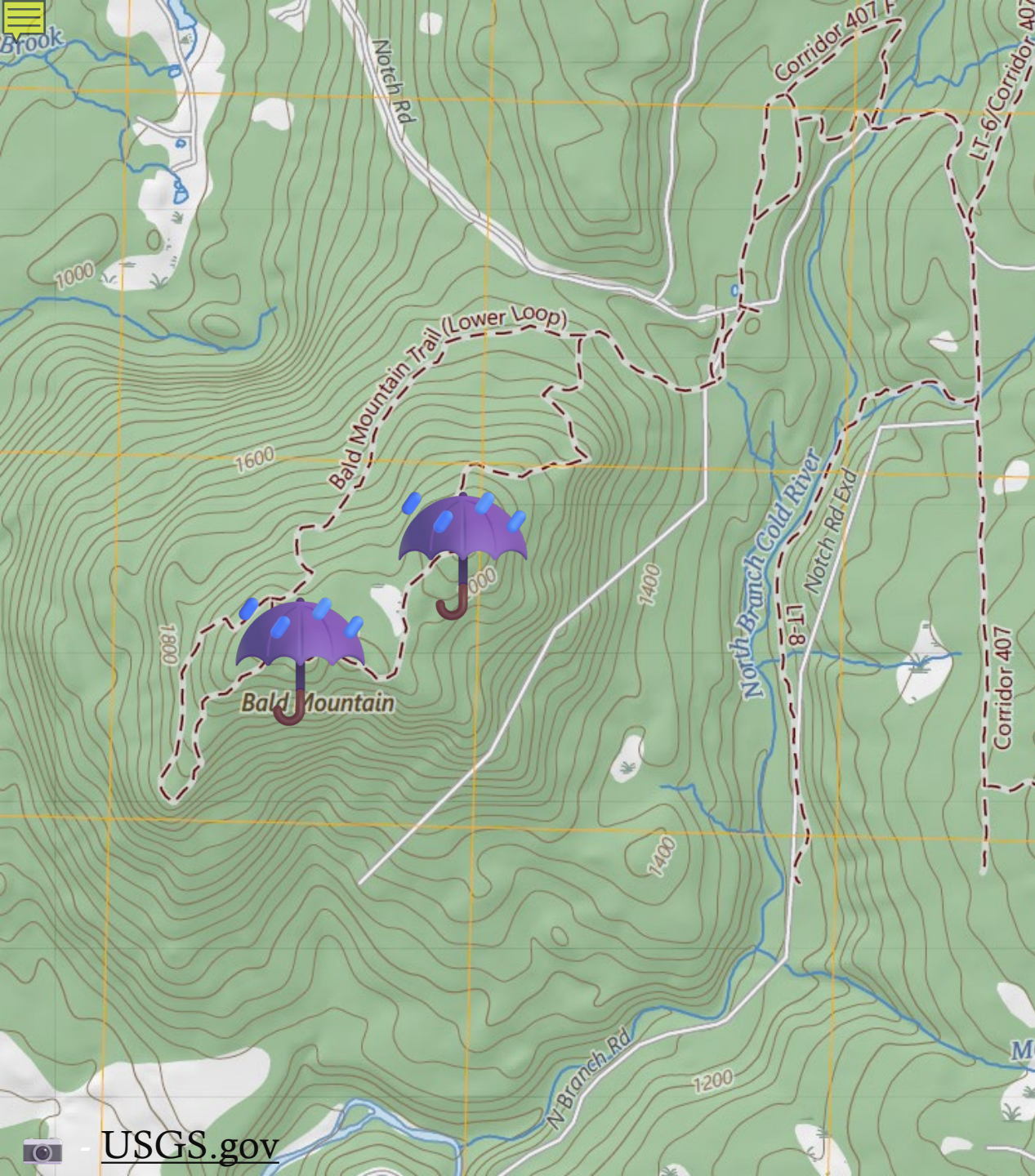
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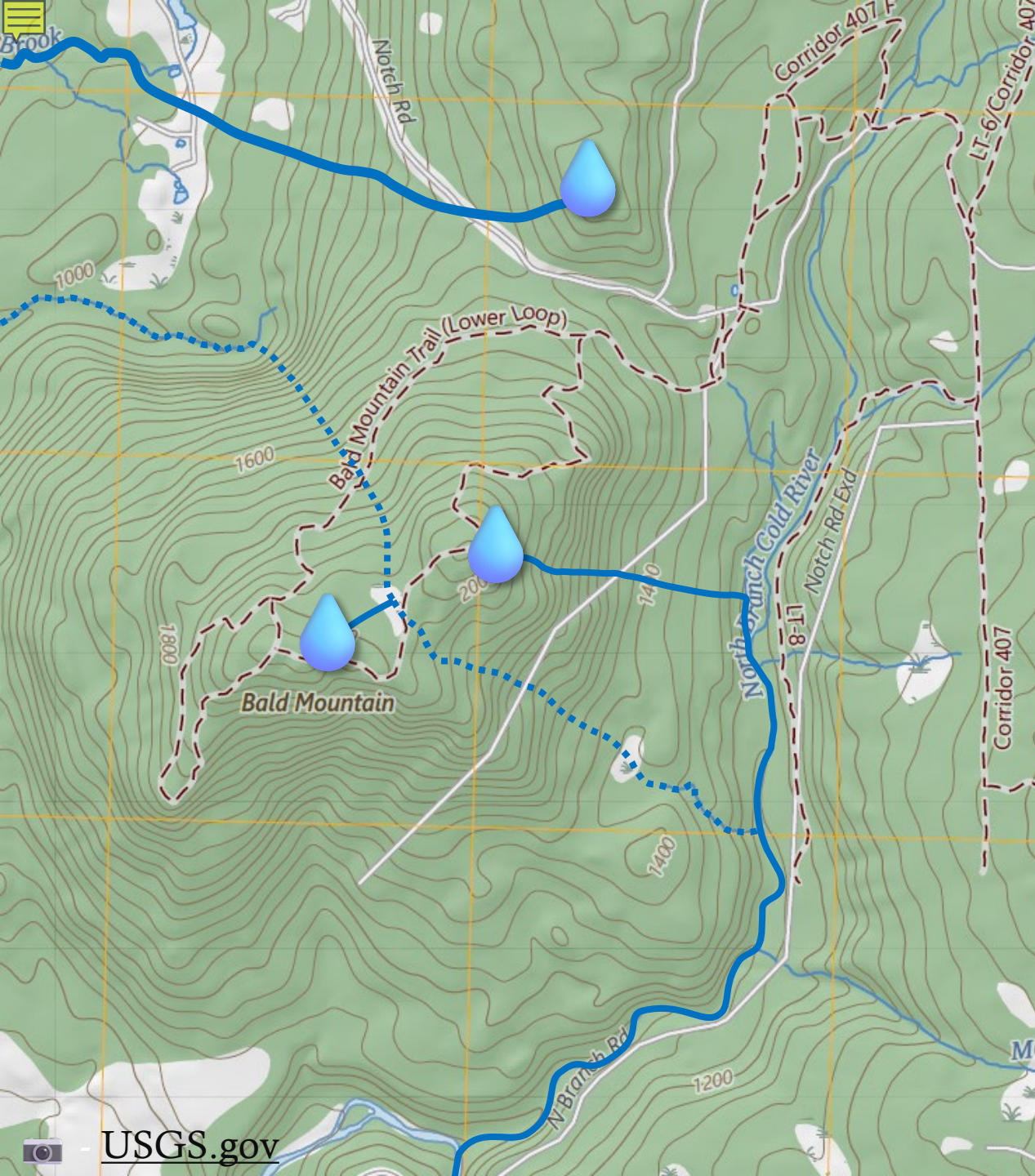
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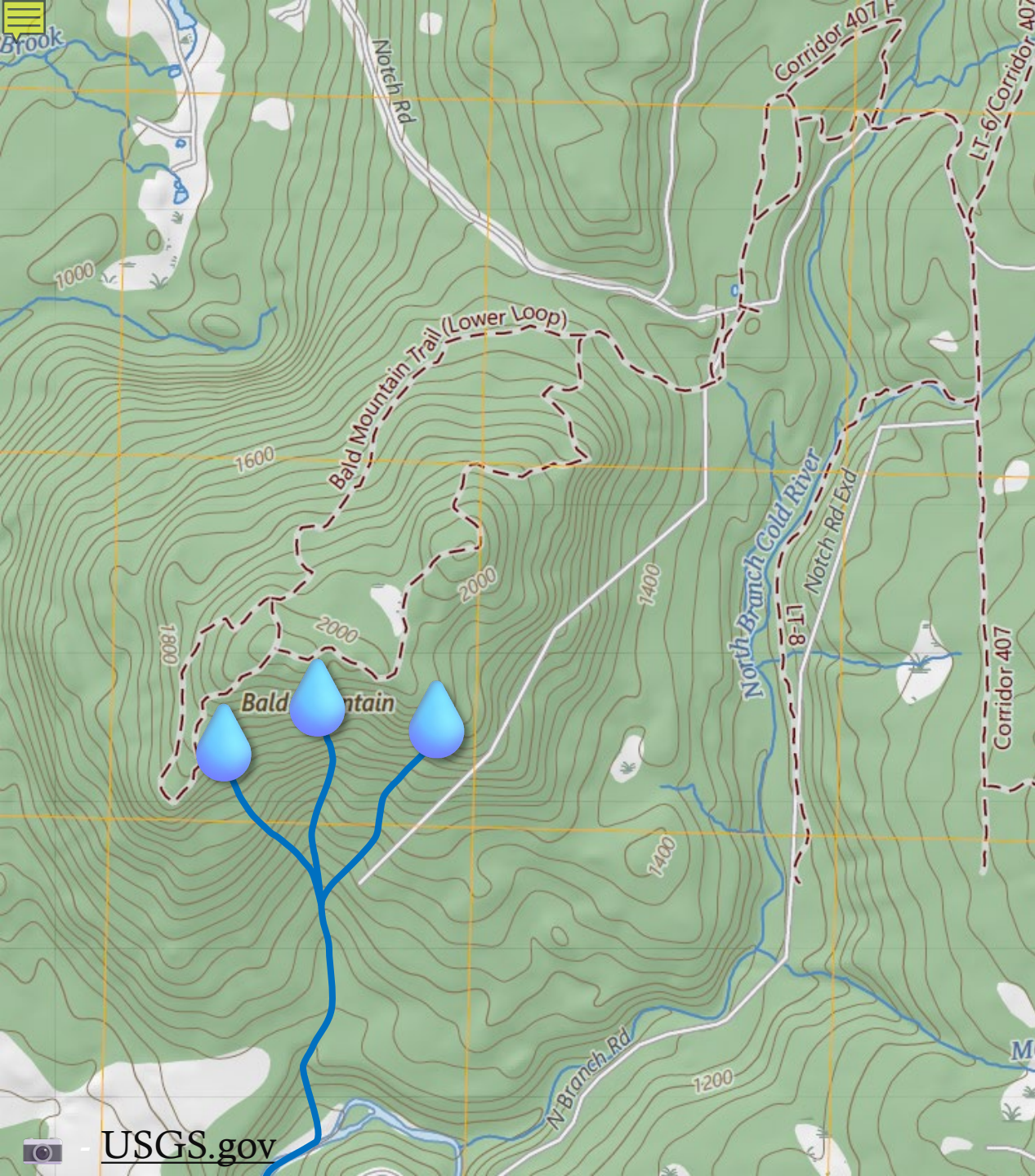
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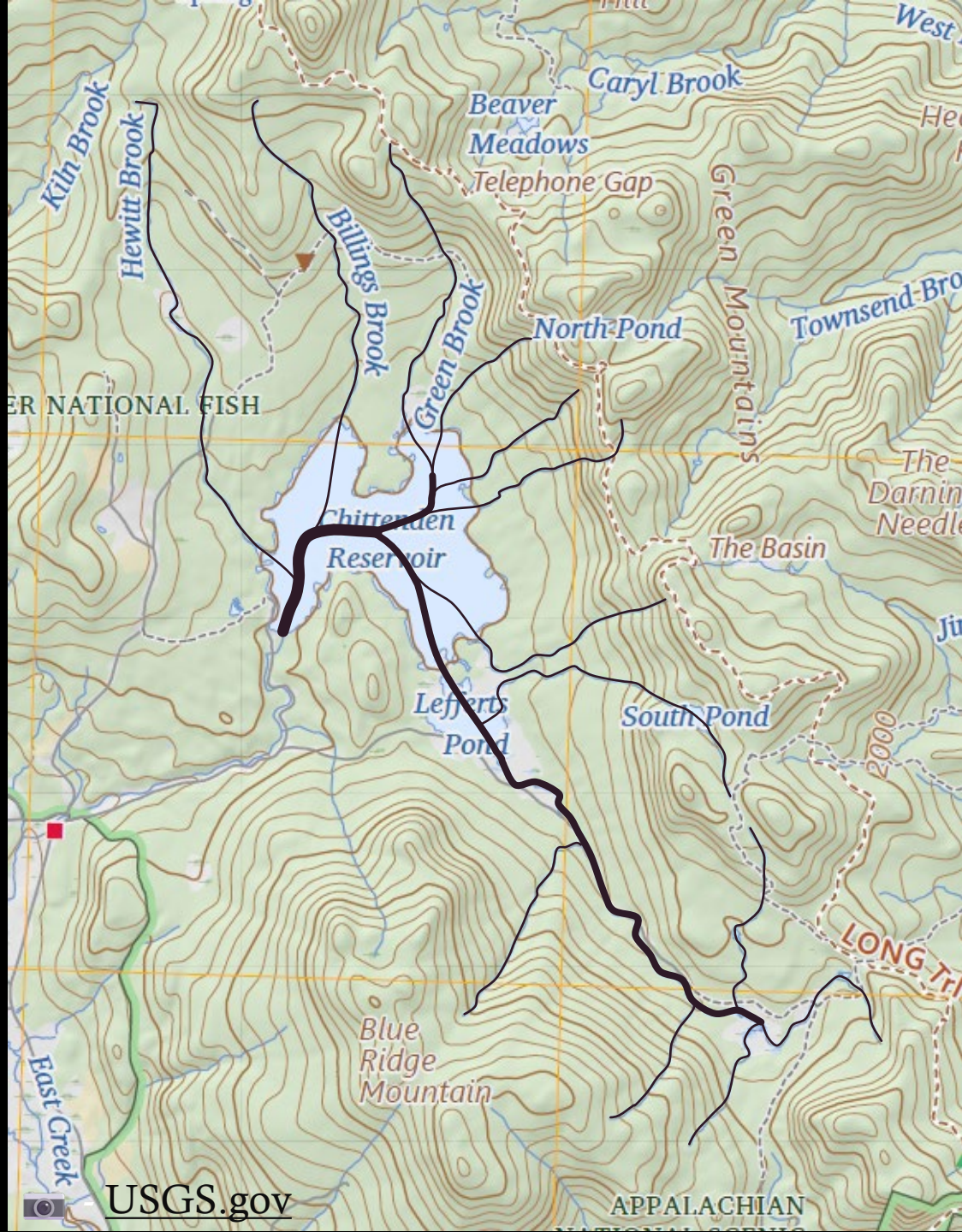
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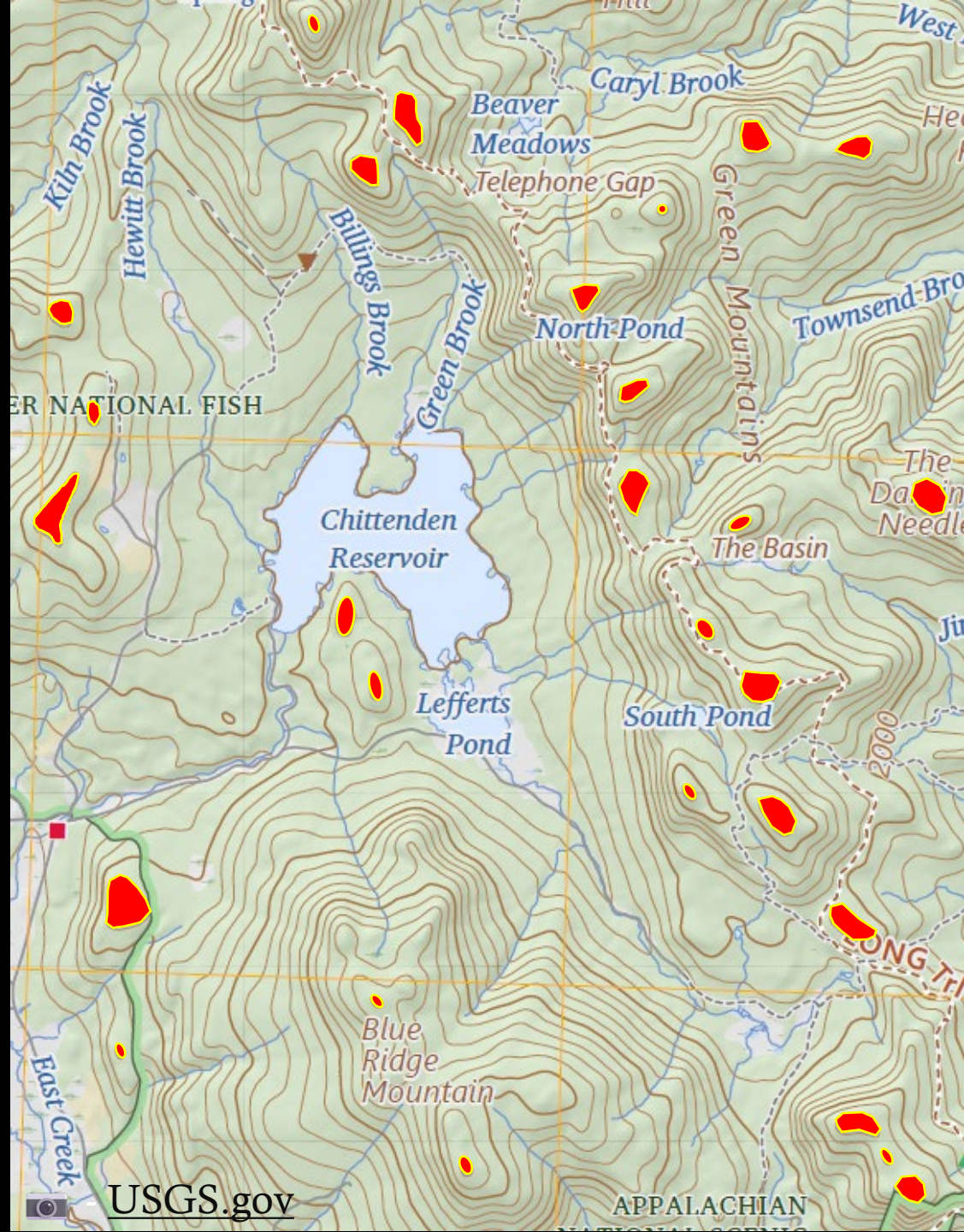
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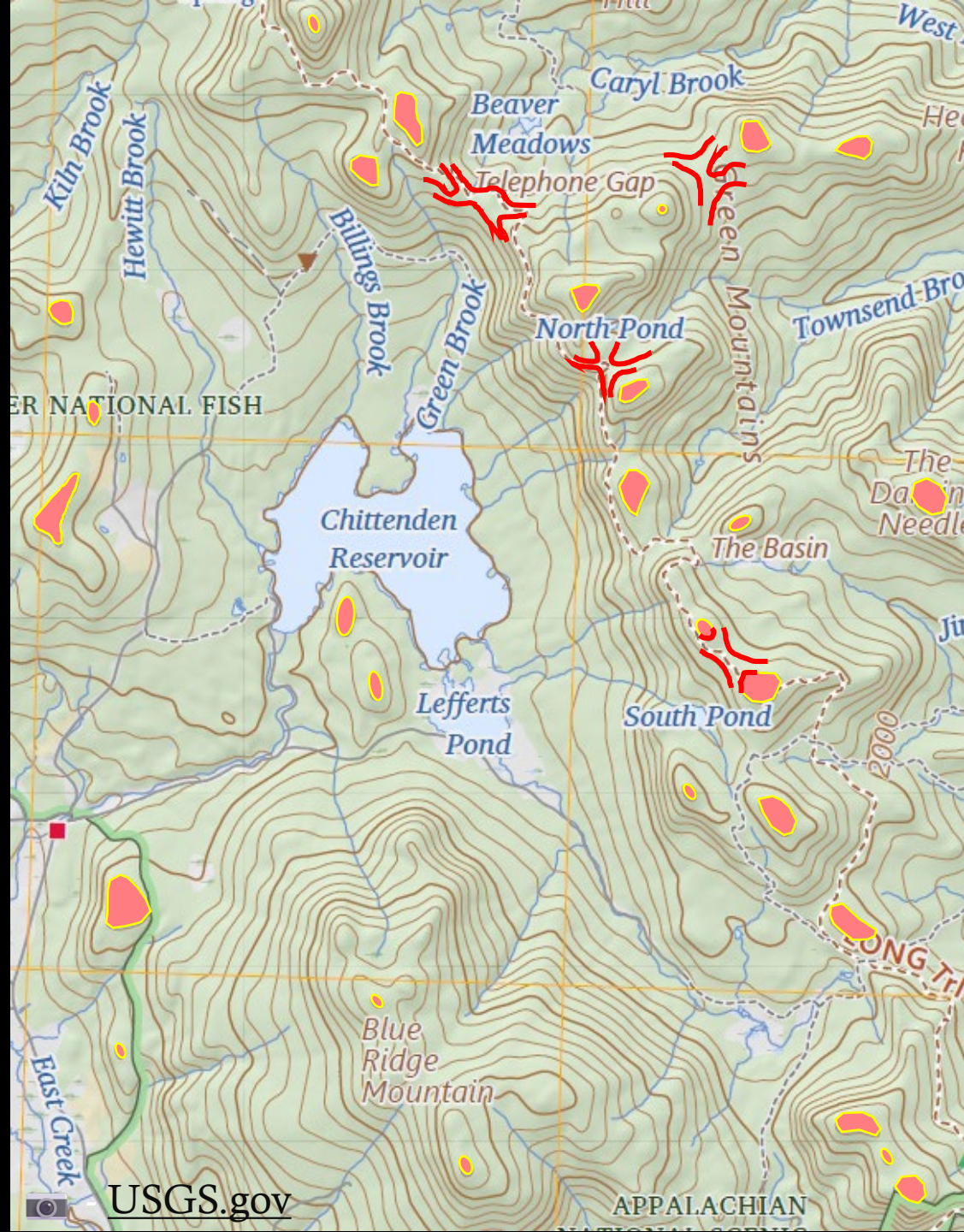
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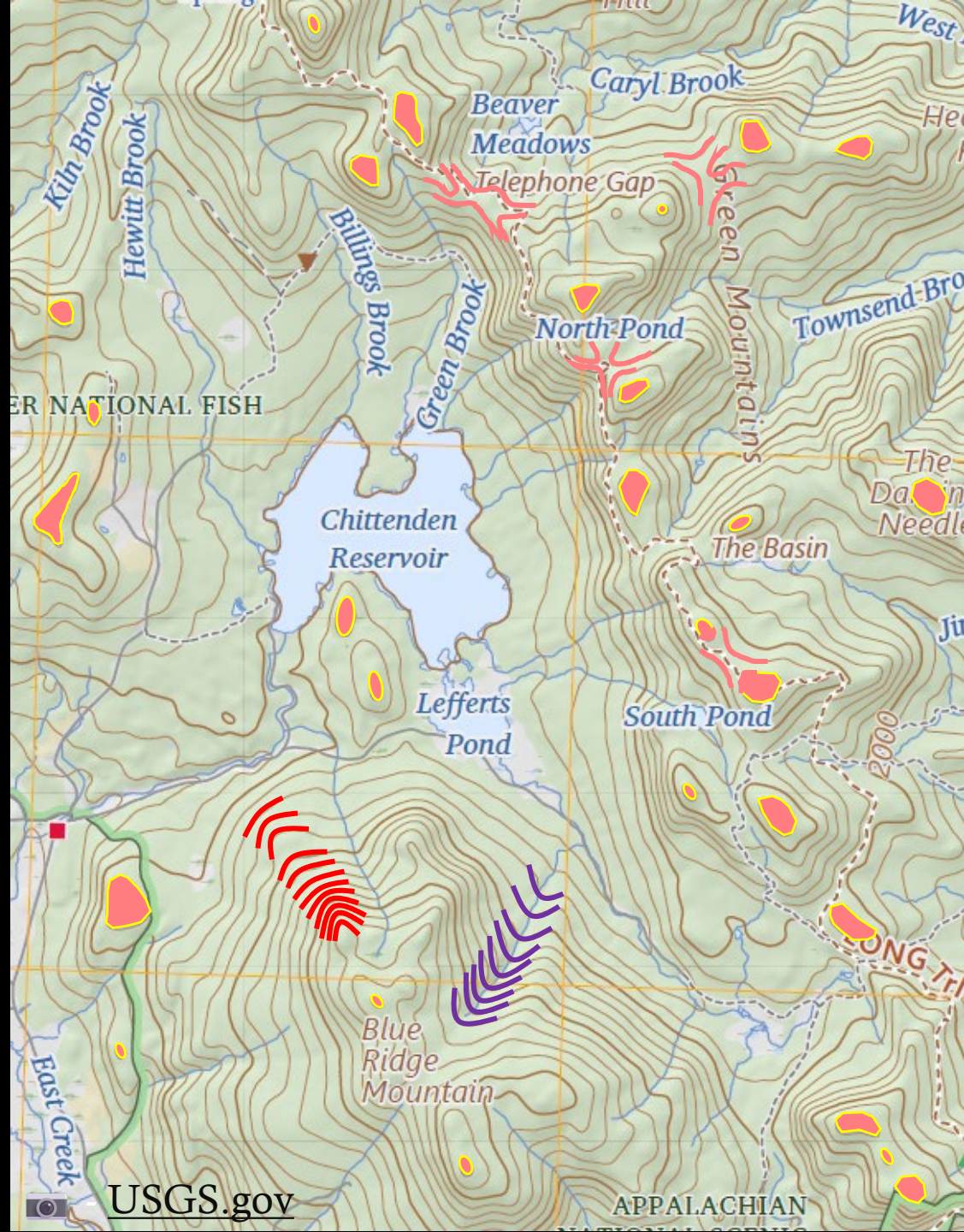
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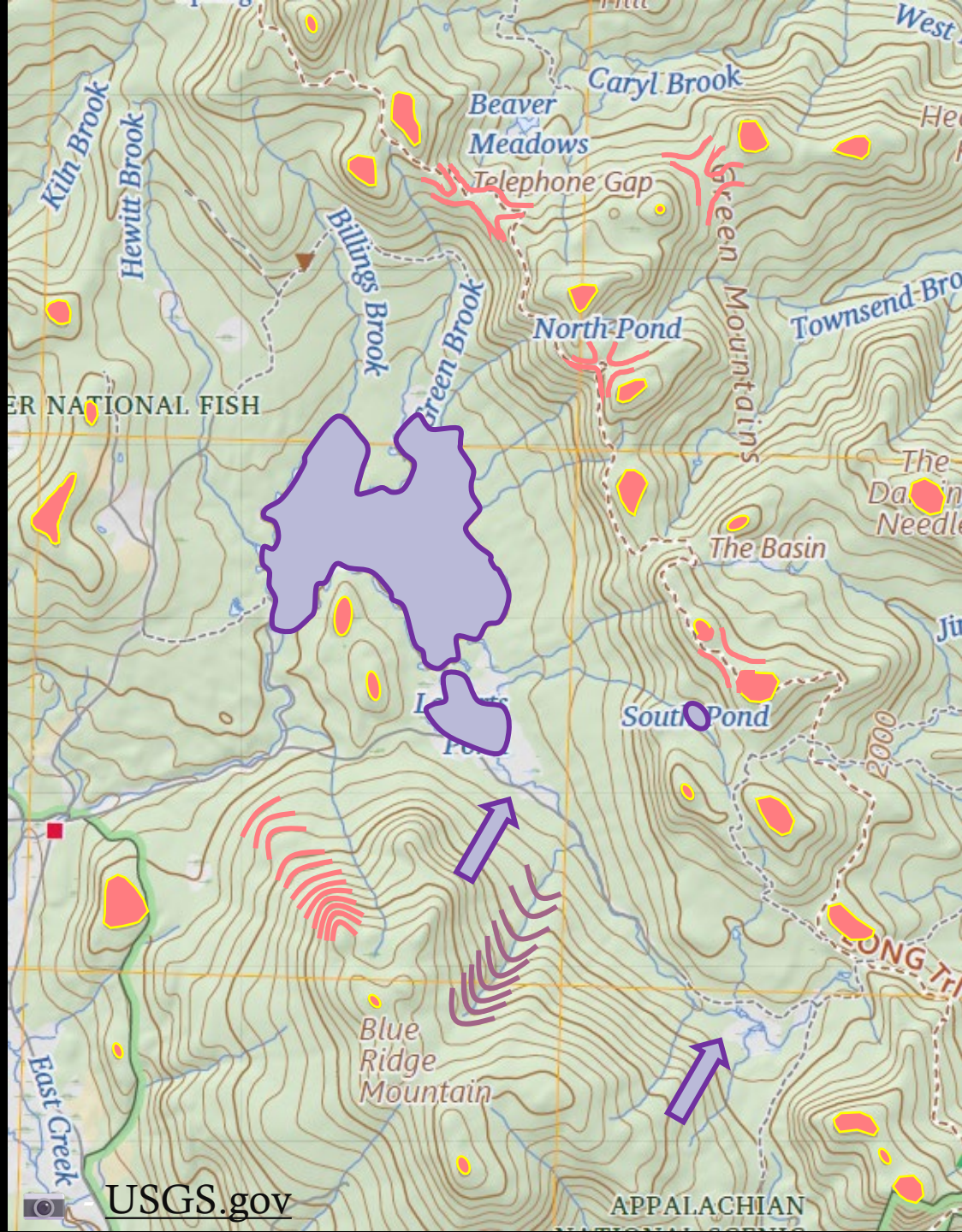
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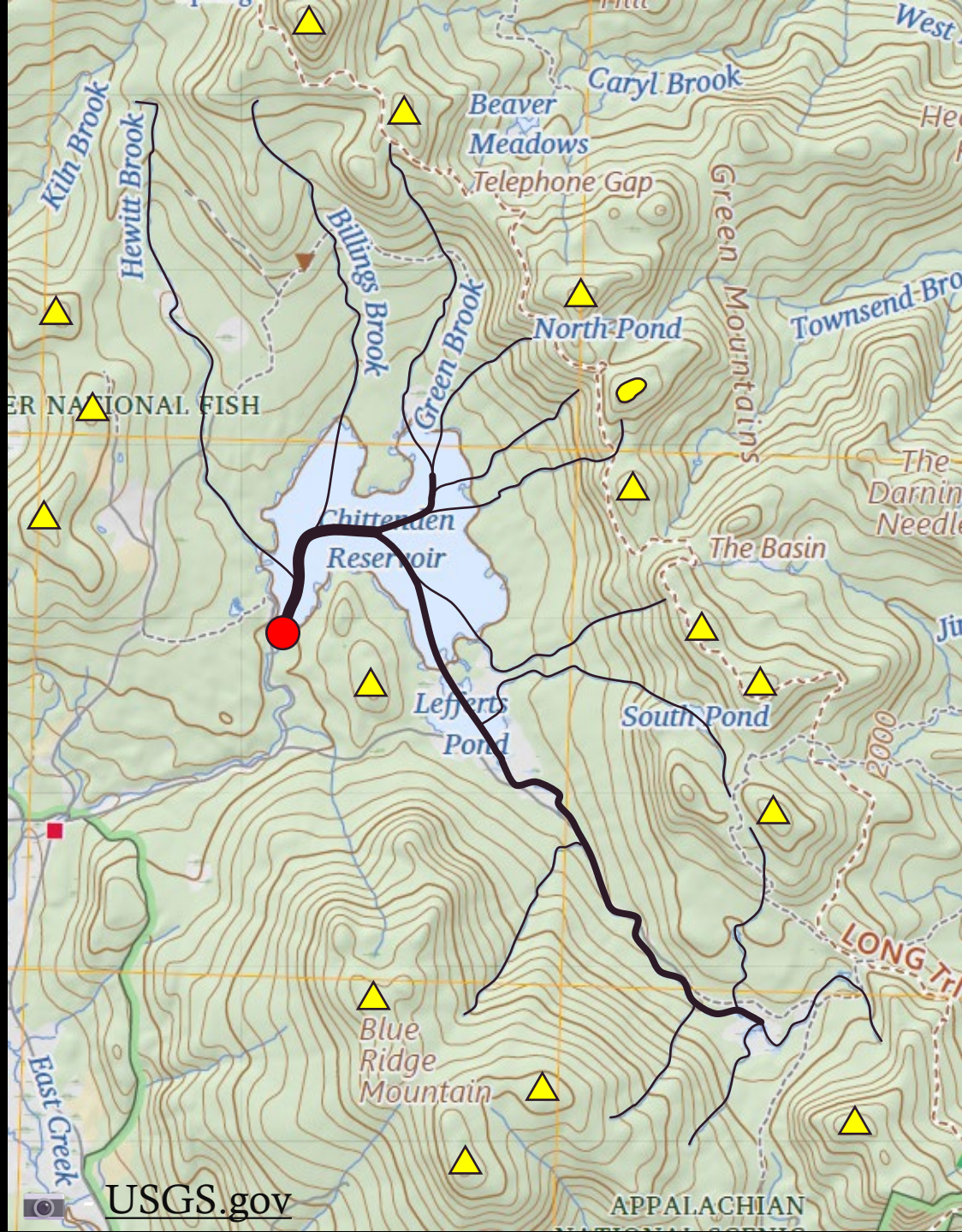
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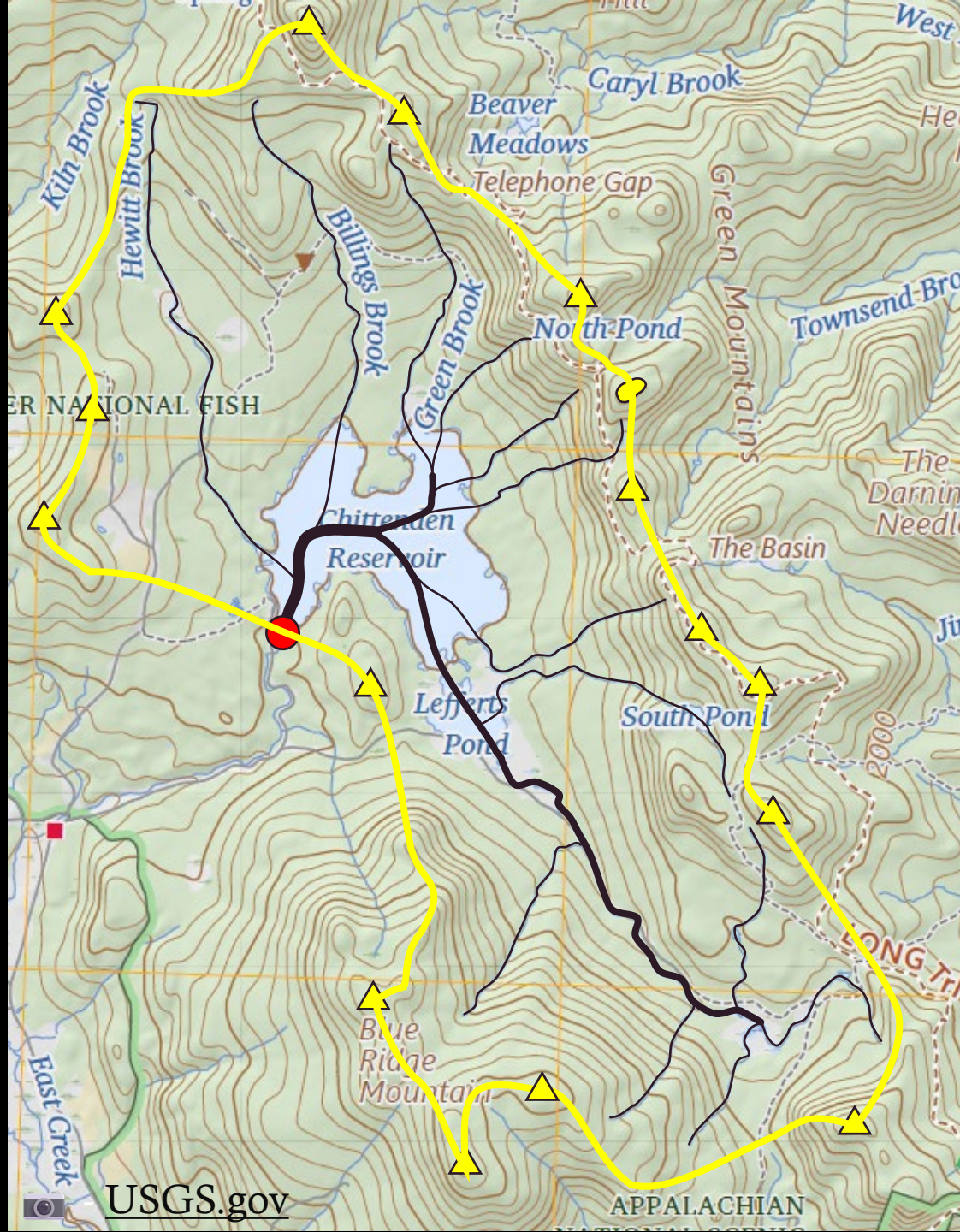
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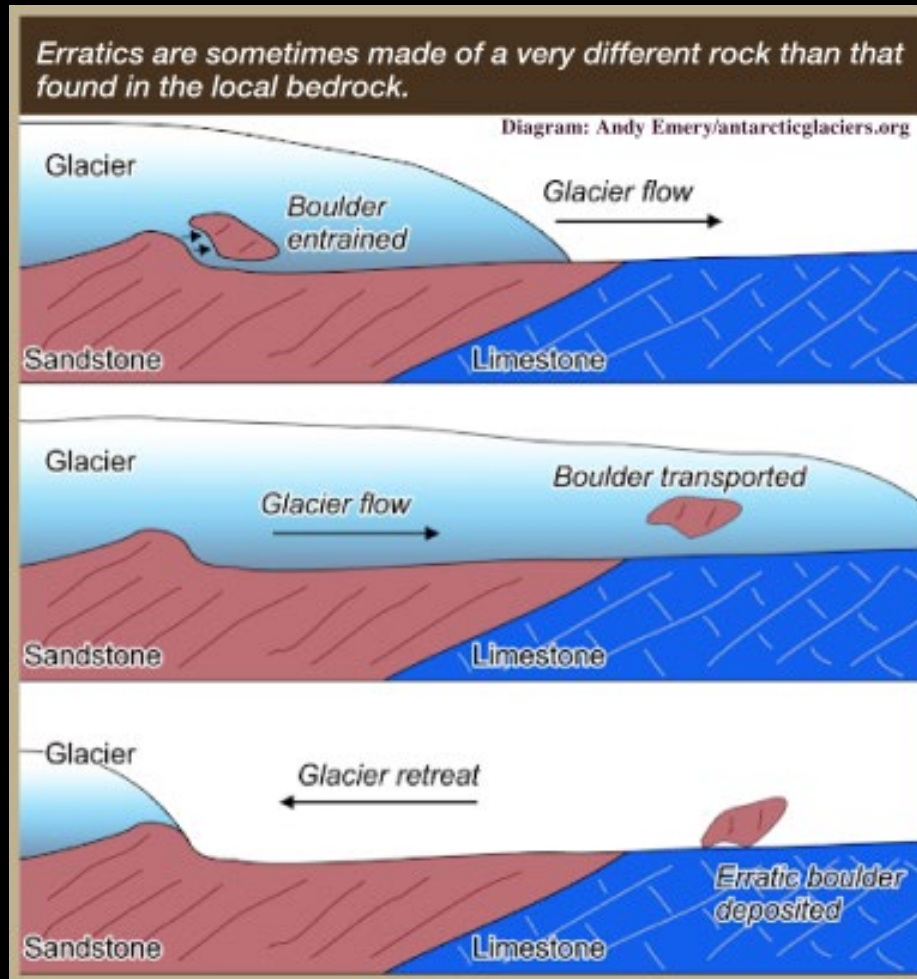
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UNIQUE GLACIAL LANDFORMS

What did the glaciers take away?

What did they leave behind?



These rocks may have traveled hundreds of miles to get here.

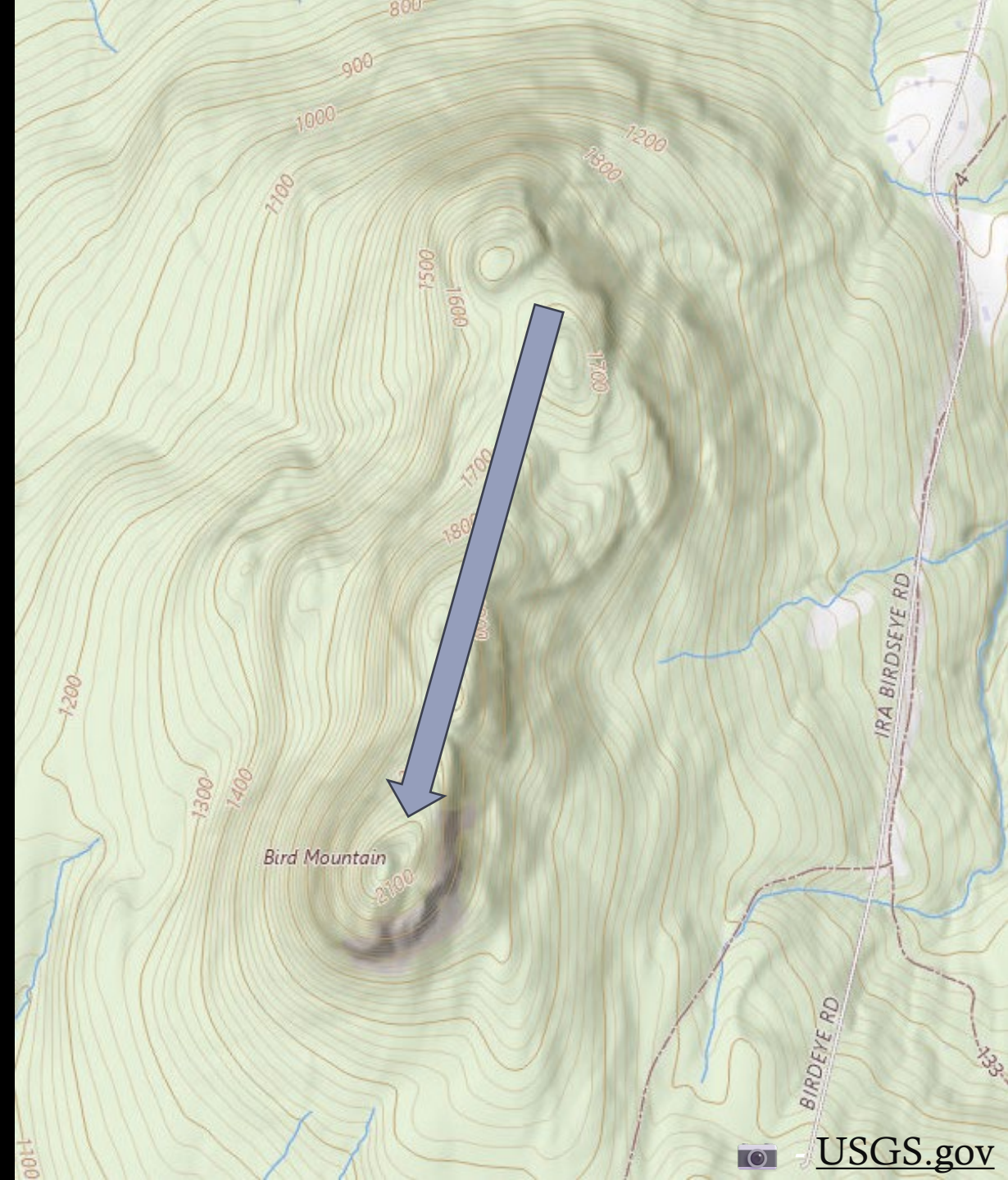


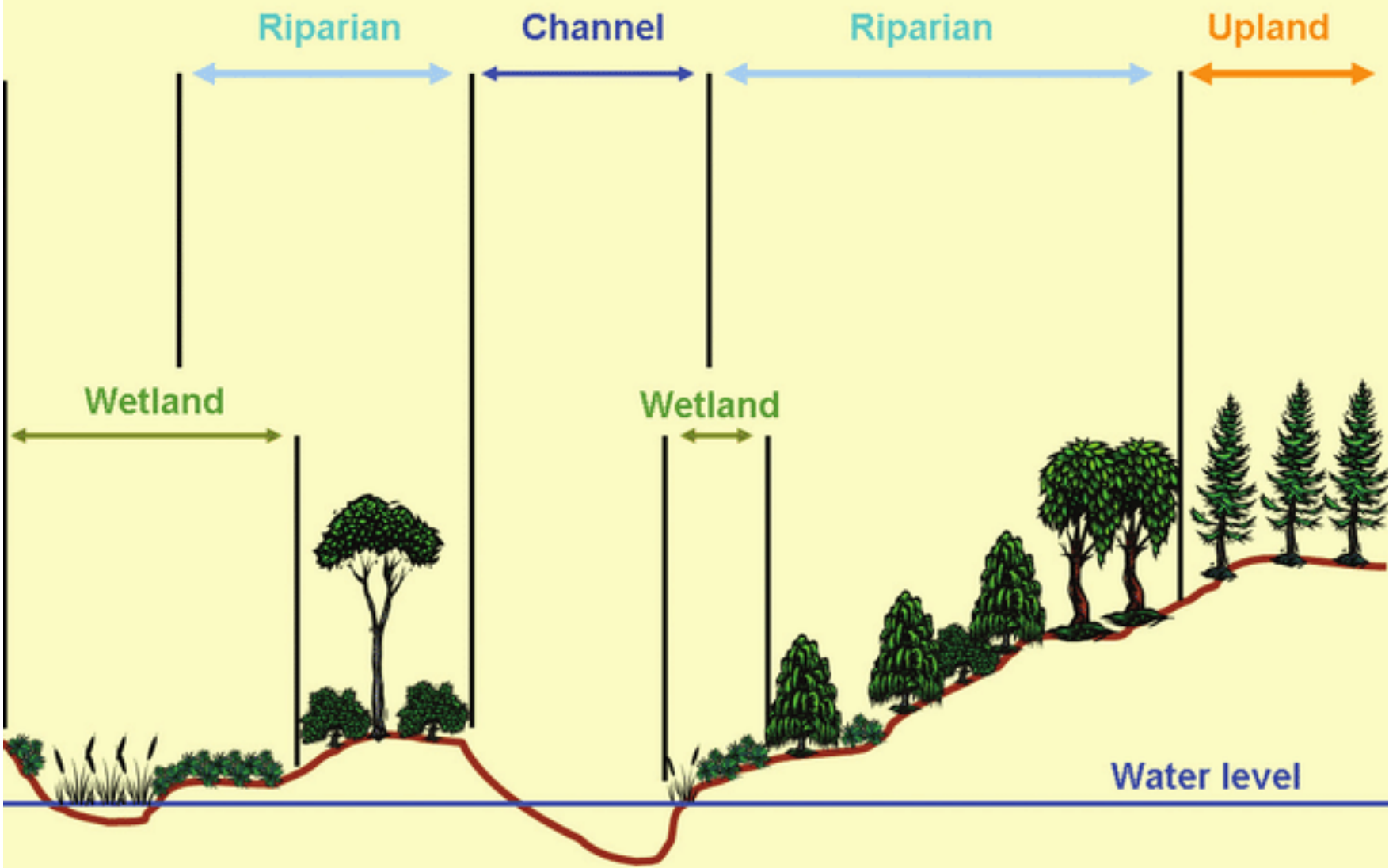
The extent of glaciation in the Last Glacial Maximum.



UNIQUE GLACIAL LANDFORMS

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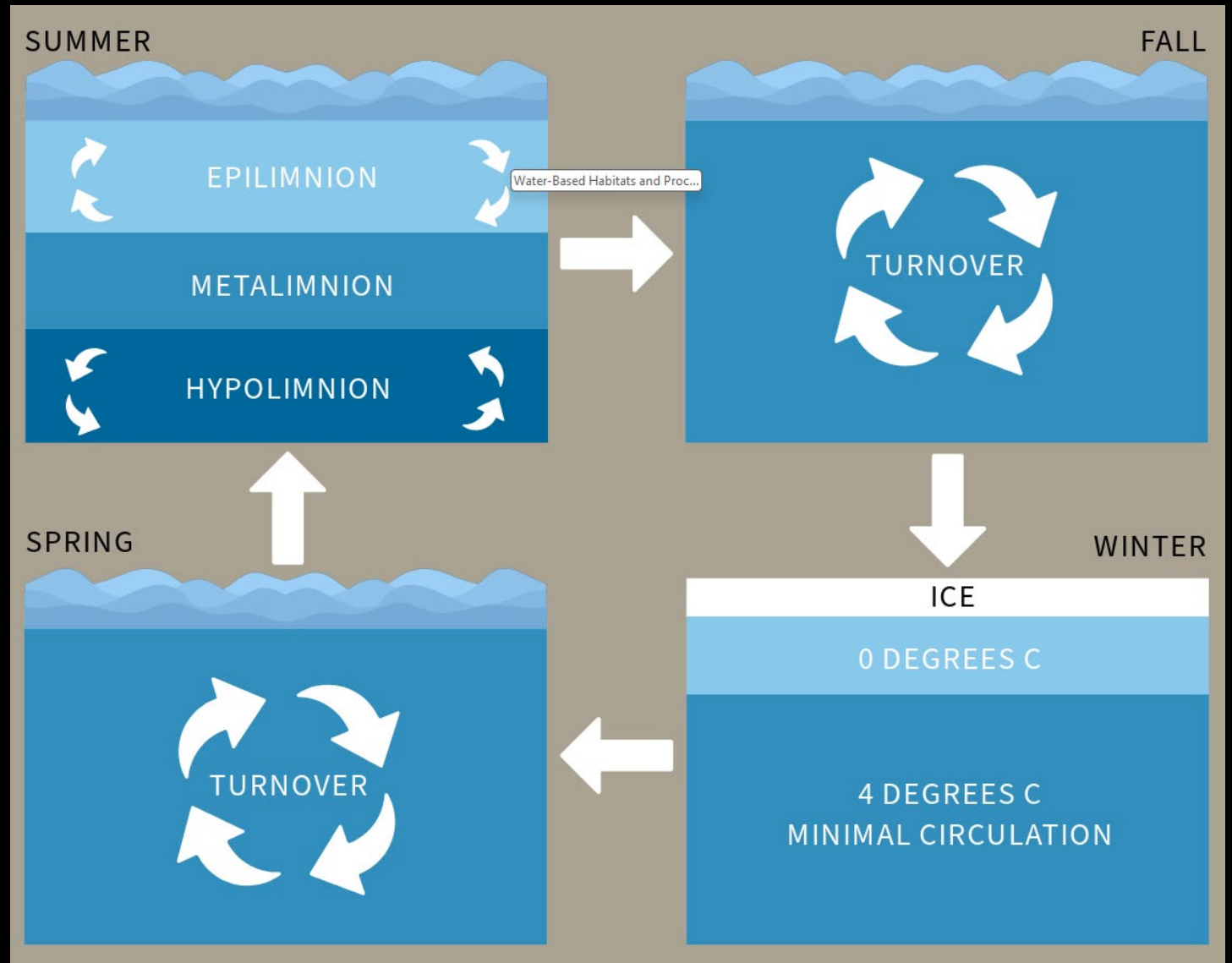


WATER-BASED HABITATS AND PROCESSES

- Lacustrine
- Riverine
- Wetland
- Riparian

TEMPERATURE STRATIFICATION IN LAKES

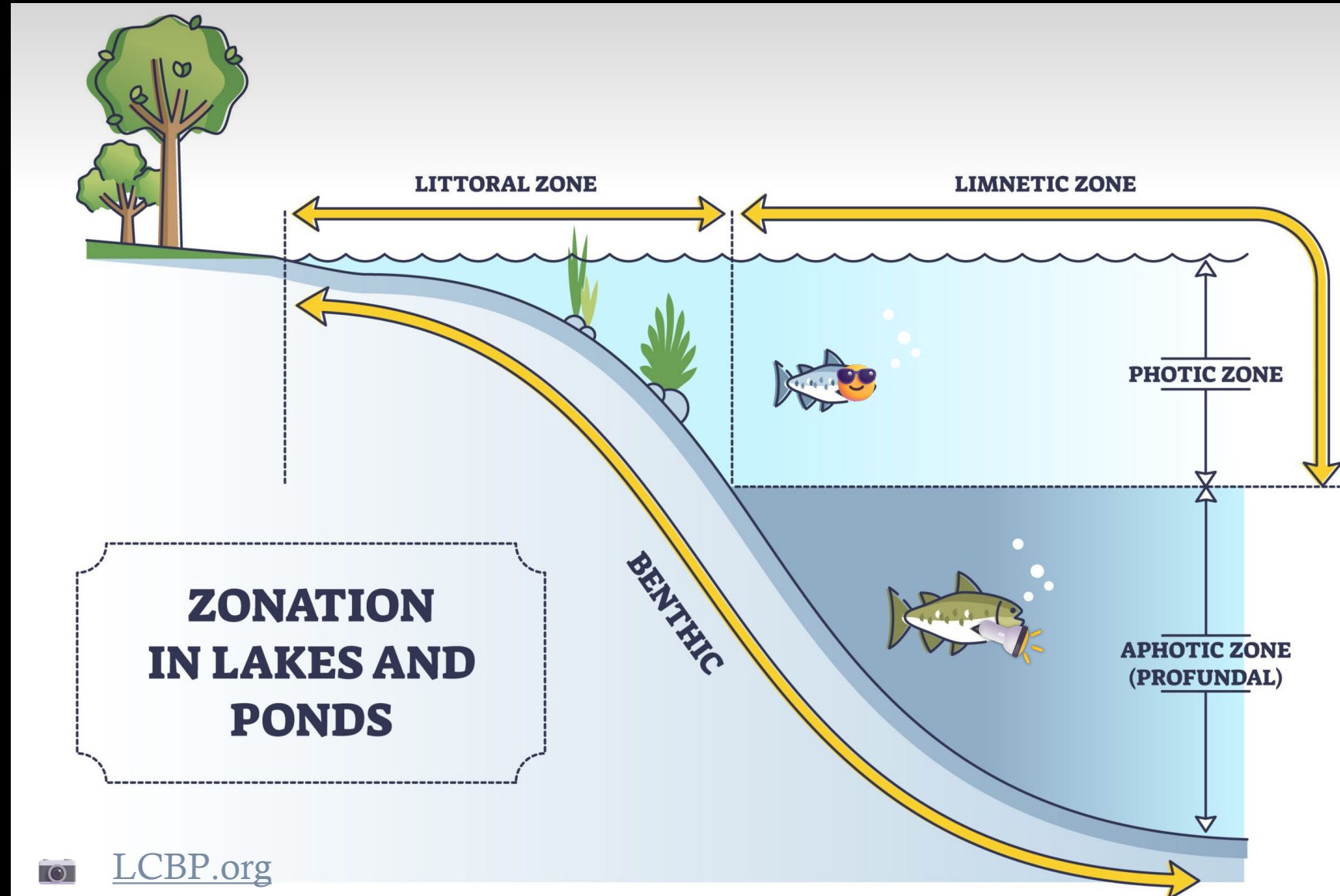
- What does it mean?
- How does it happen?
- When does it change?



LIGHT BRINGS LIFE TO LAKES

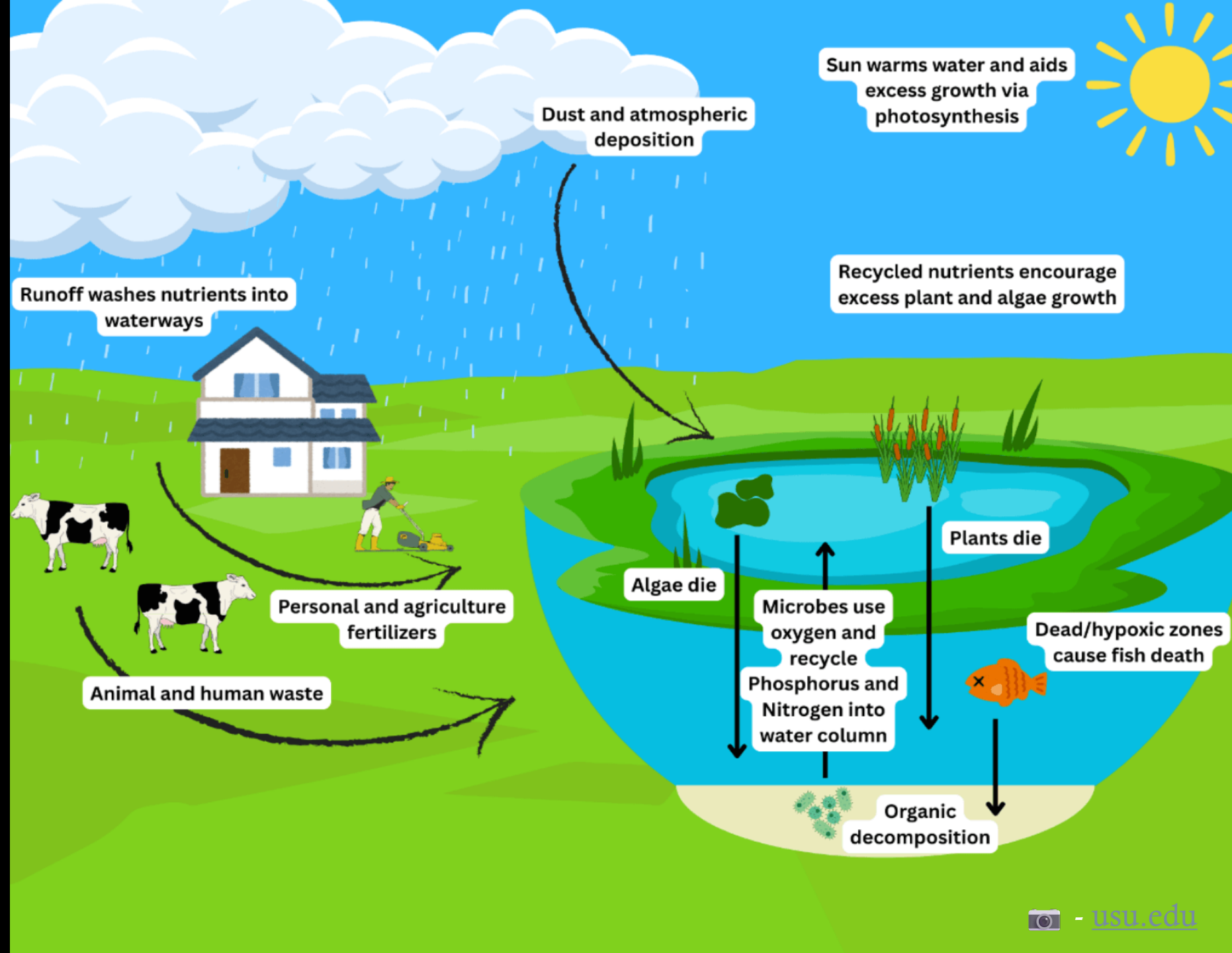
What are photic zones?

Why do they matter?



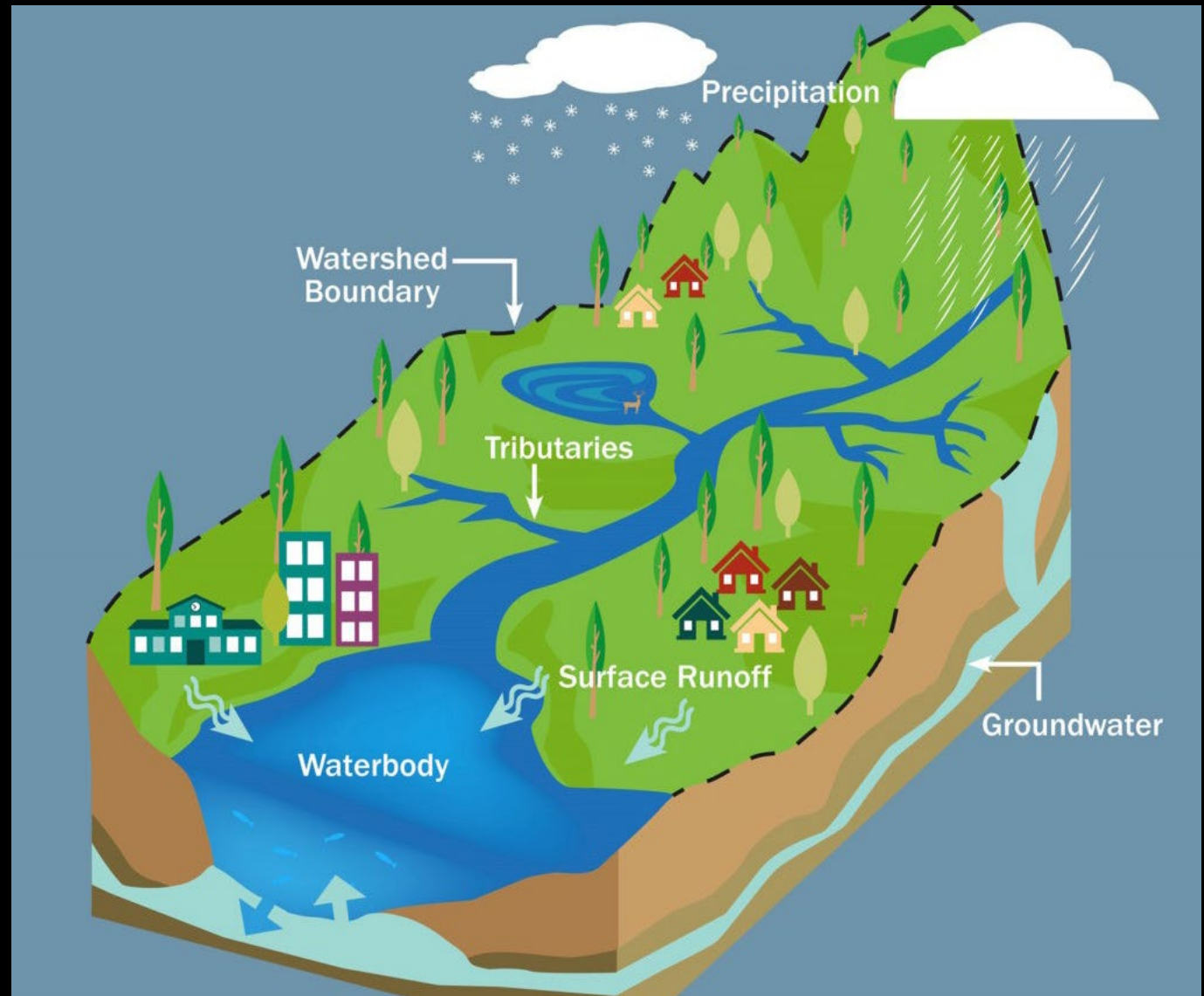
TROPHIC STATE AND TRANSITION

Can lakes get old and die?



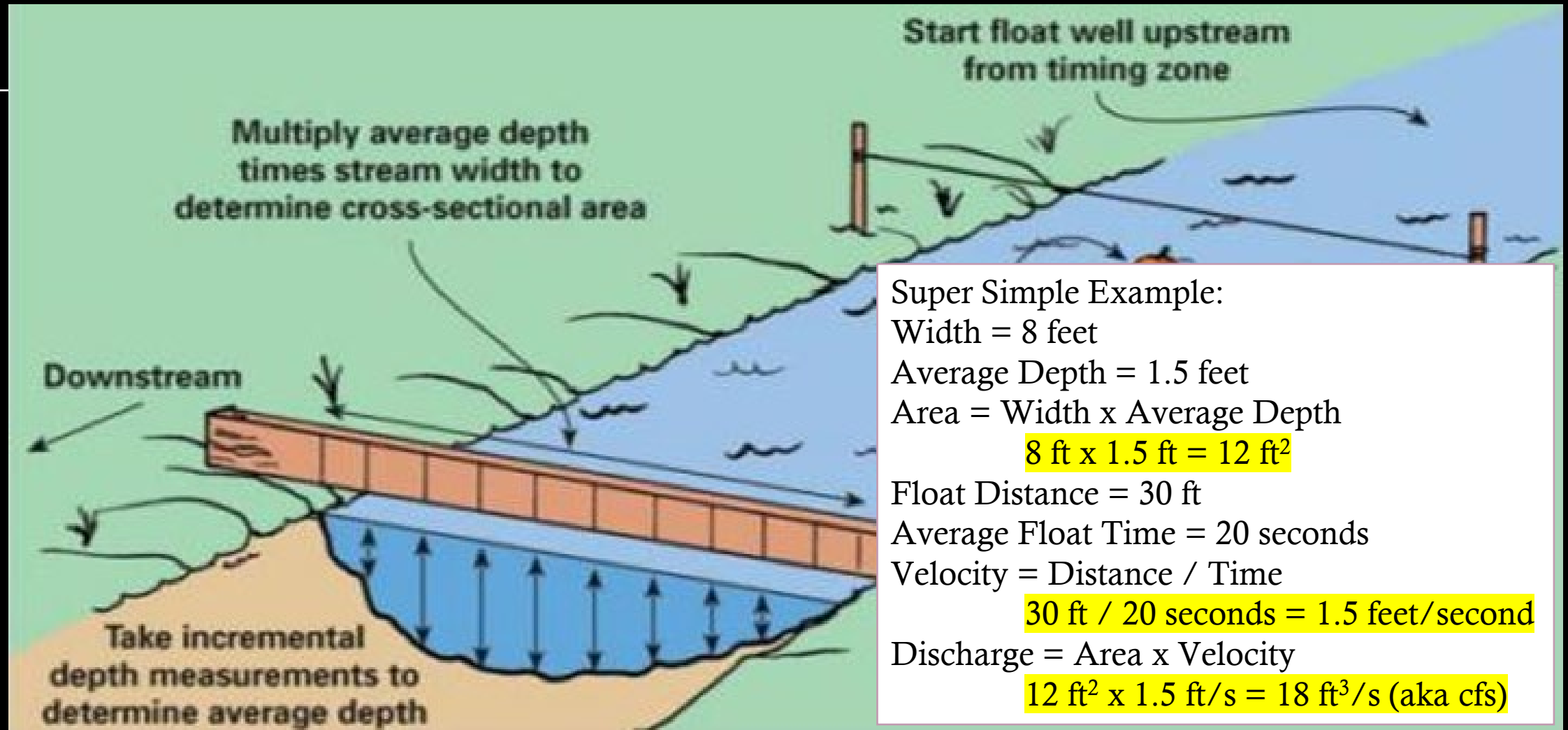
RIVER HYDROLOGY

- How much water is there? And when?
- How do we measure flow?
- When are the high and low flows?
- Unusual flows.



RIVER HYDROLOGY

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- How do we measure flow?
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RIVER HYDROLOGY

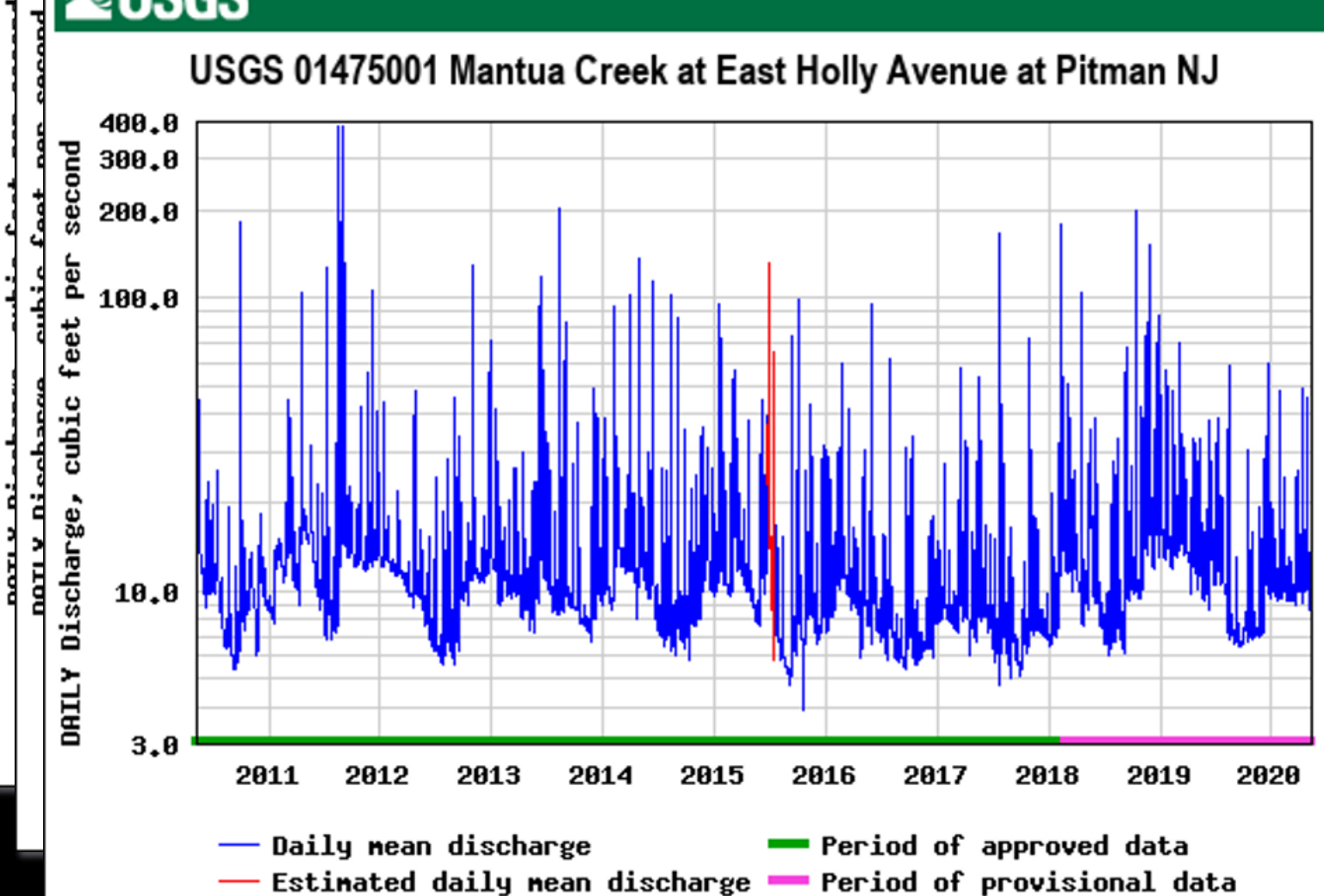
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- When are the high and low flows?
- Unusual flows.

USGS

USGS

USGS

USGS 01475001 Mantua Creek at East Holly Avenue at Pitman NJ



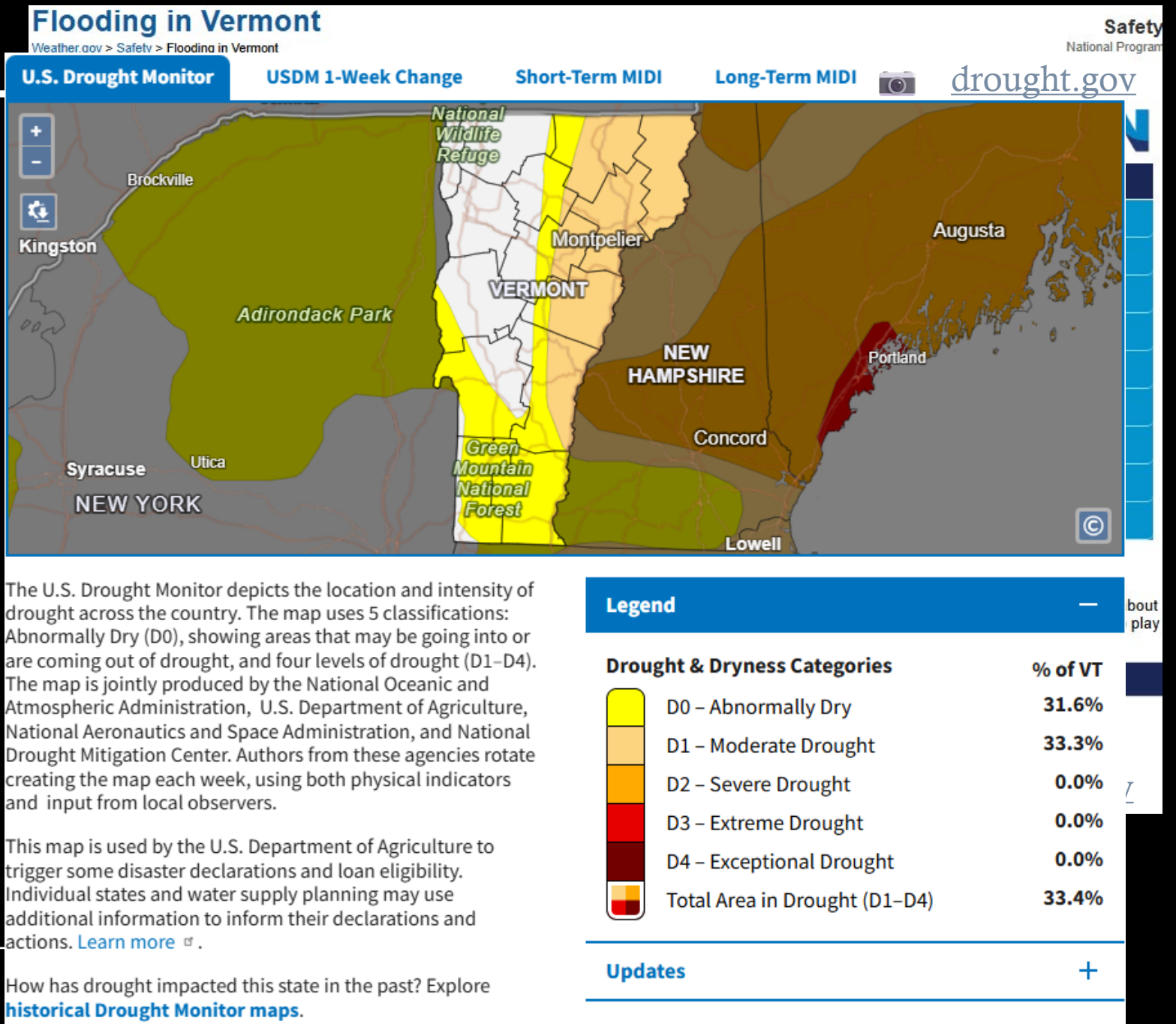
RIVER HYDROLOGY

How much water is there?

How do we measure flow?

When are the high and low flows?

Unusual flows.

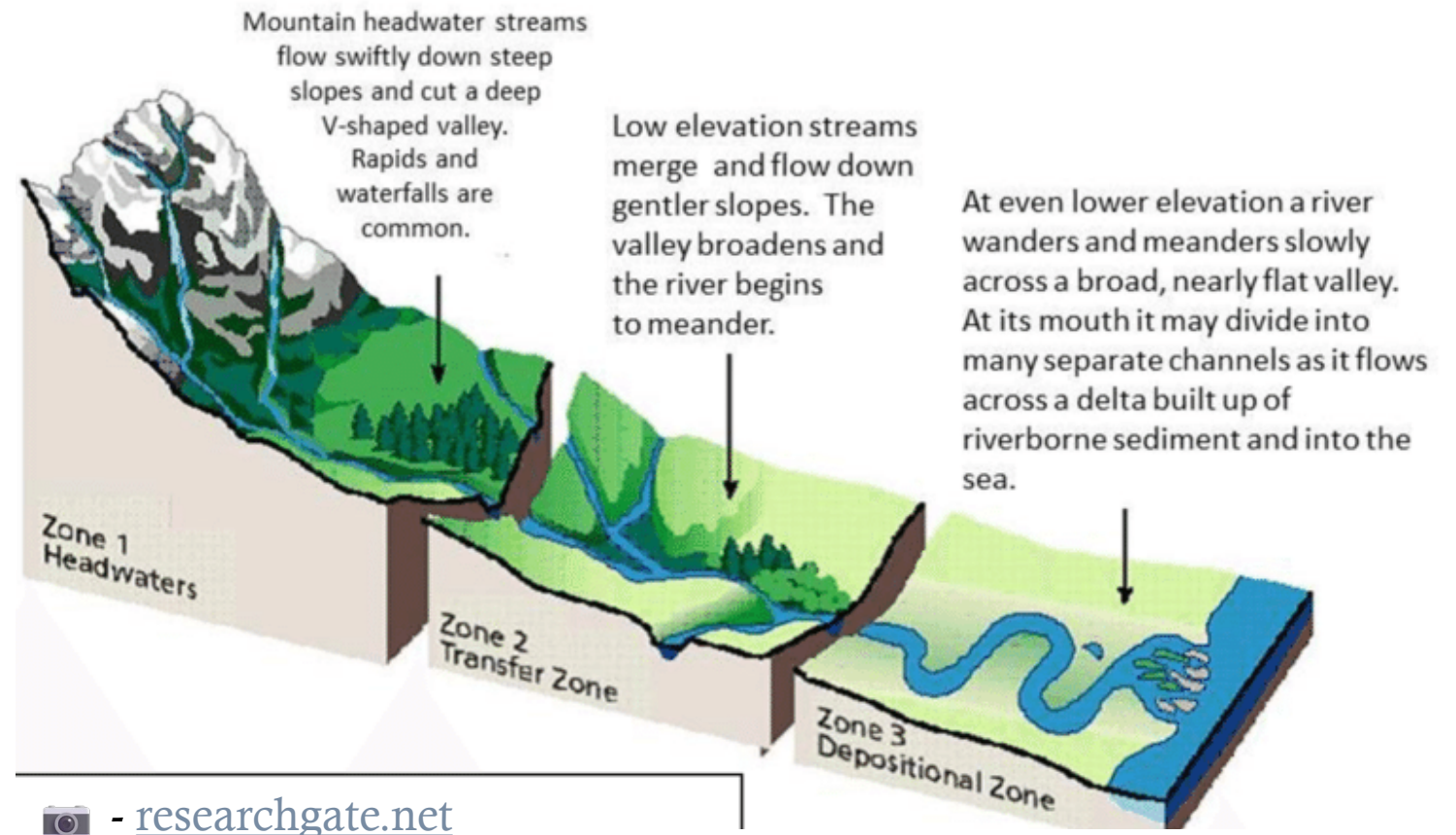


RIVER MORPHOLOGY AND CHANGE

Sediment

Floodplains

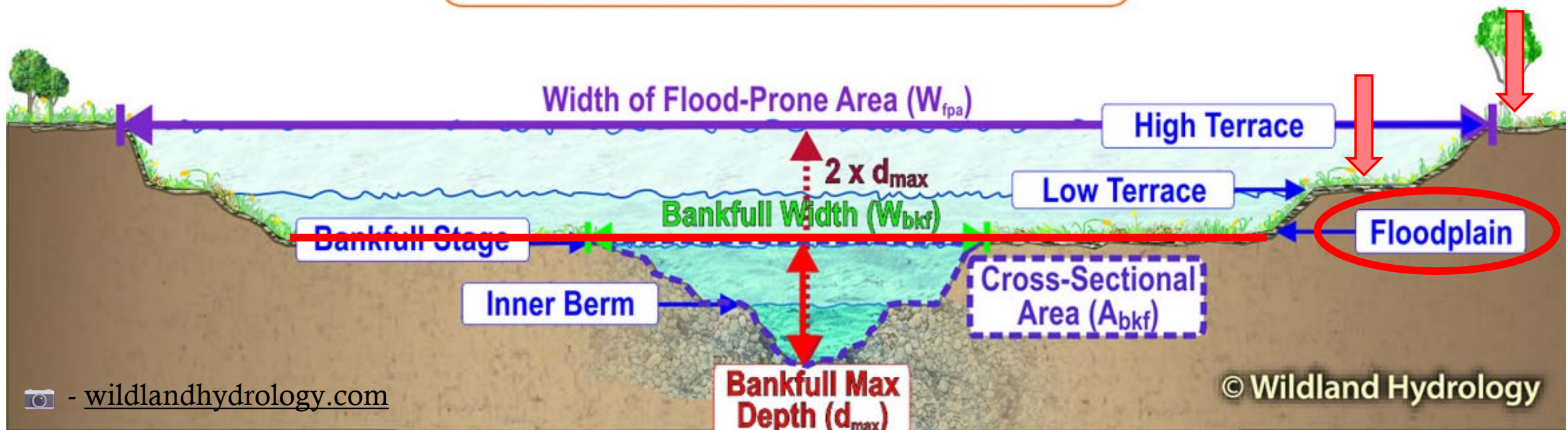
The Perpetual Balancing Act



RIVER MORPHOLOGY AND CHANGE

- Sediment
- Floodplains
- The Perpetual Balancing Act

Channel Dimensions

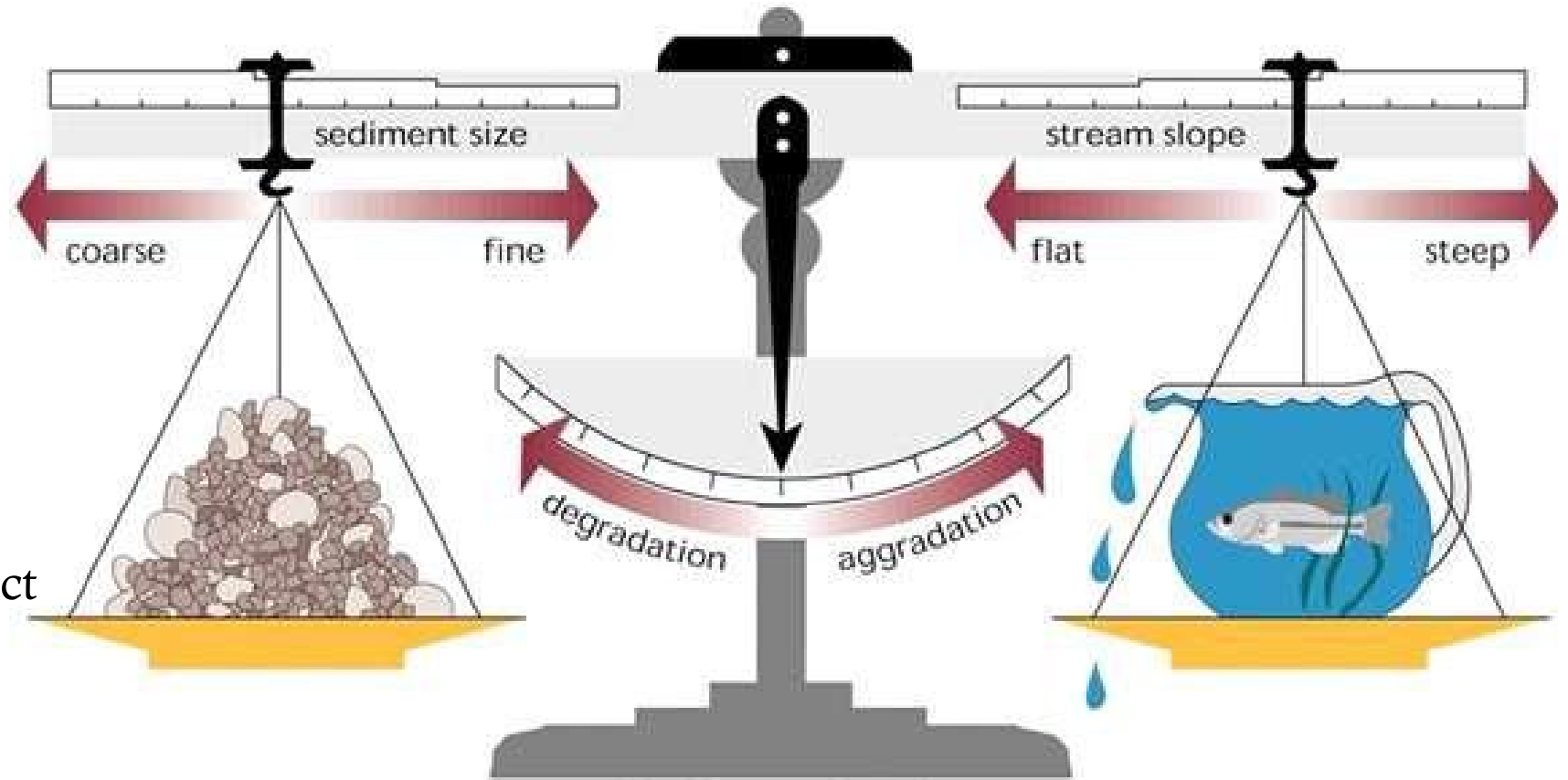


RIVER MORPHOLOGY AND CHANGE

Sediment

Floodplains

The Perpetual Balancing Act



$$Q_s \cdot D_{50} \propto Q_w \cdot S$$

WETLANDS

What are they?

Beaver influence.

Values.





US Army Corps
of Engineers
Waterways Experiment
Station

Wetlands Research Program Technical Report Y-87-1 (on-line edition)

Corps of Engineers Wetlands Delineation Manual

by Environmental Laboratory

WETLAND DELINEATION

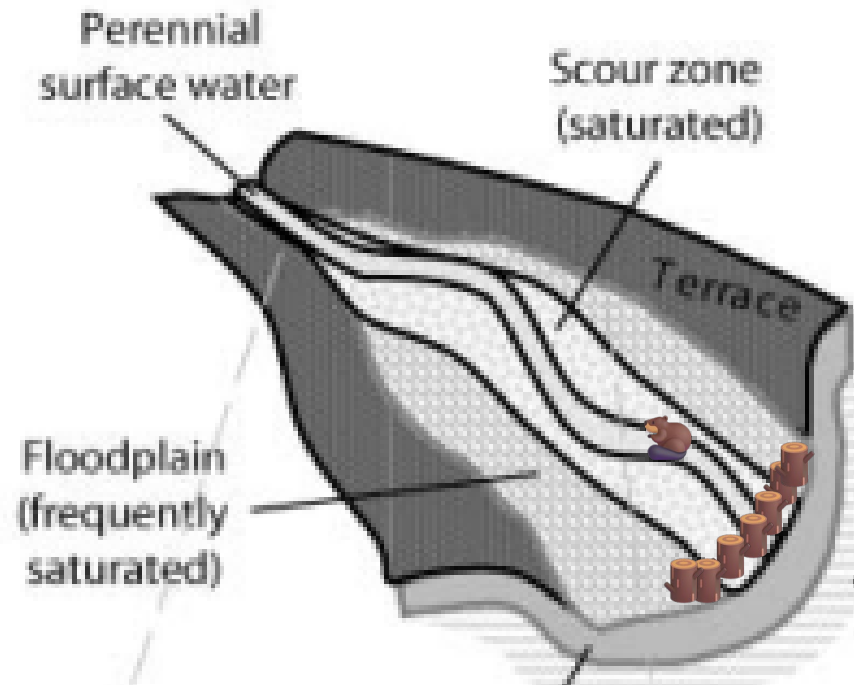


VERNAL POOLS

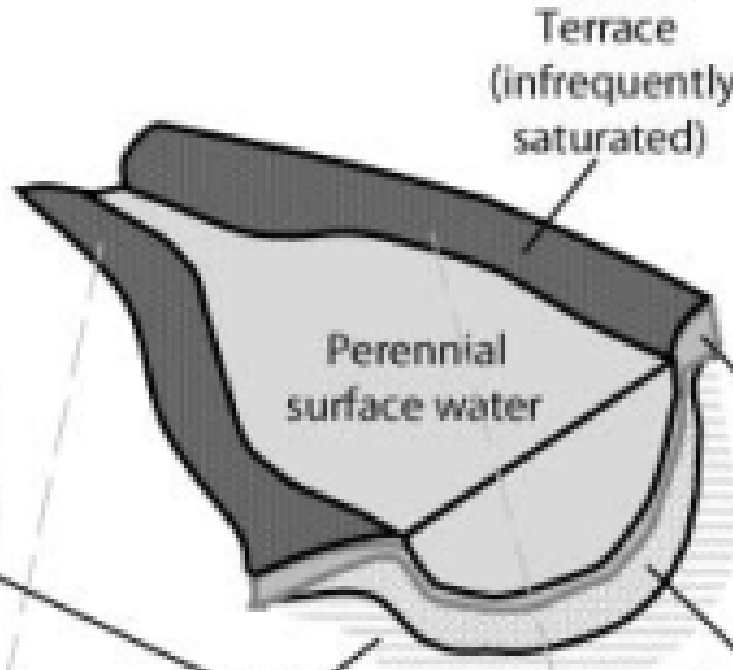
- Unique hydrology
- Temporary
- Critical for some amphibians



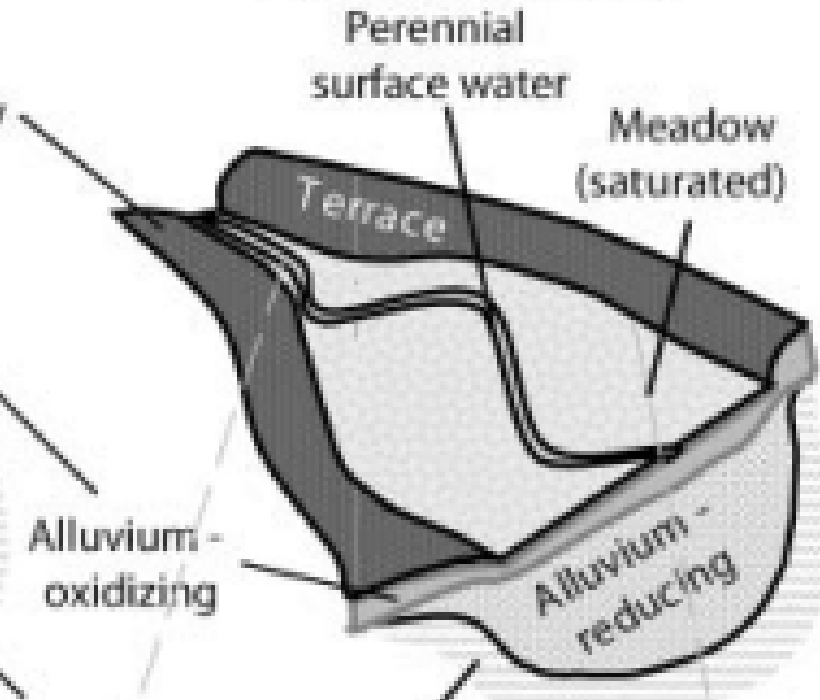
Free flowing



Beaver impoundment



Beaver meadow



BEAVERS!

- Nature's engineers.
- Sometimes stable, sometimes cyclical.

WETLAND ECOSYSTEM SERVICES

- Provisioning (🛒 🍷)
- Regulating (🍍 🌡️ 🌊 🚒)
- Supporting (🌳 🦌 🦆 🐟)
- Cultural (🛶 🎧 🔭 📷 🏠)

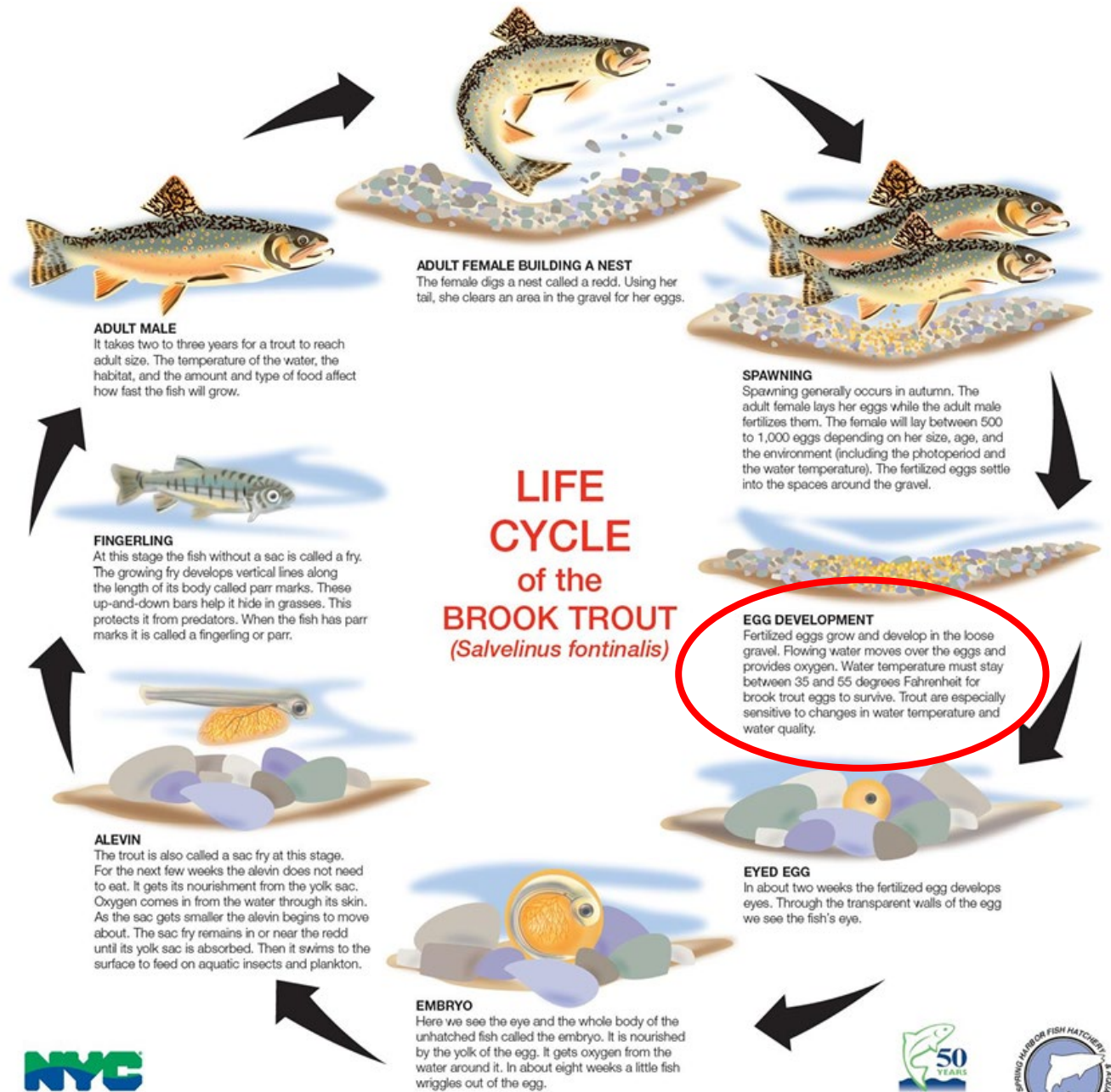




AQUATIC SPECIES BIOLOGY AND IDENTIFICATION

- Fish
 - Amphibians
 - Bugs
 - Plants
 - Food Web
 - Invasives
-

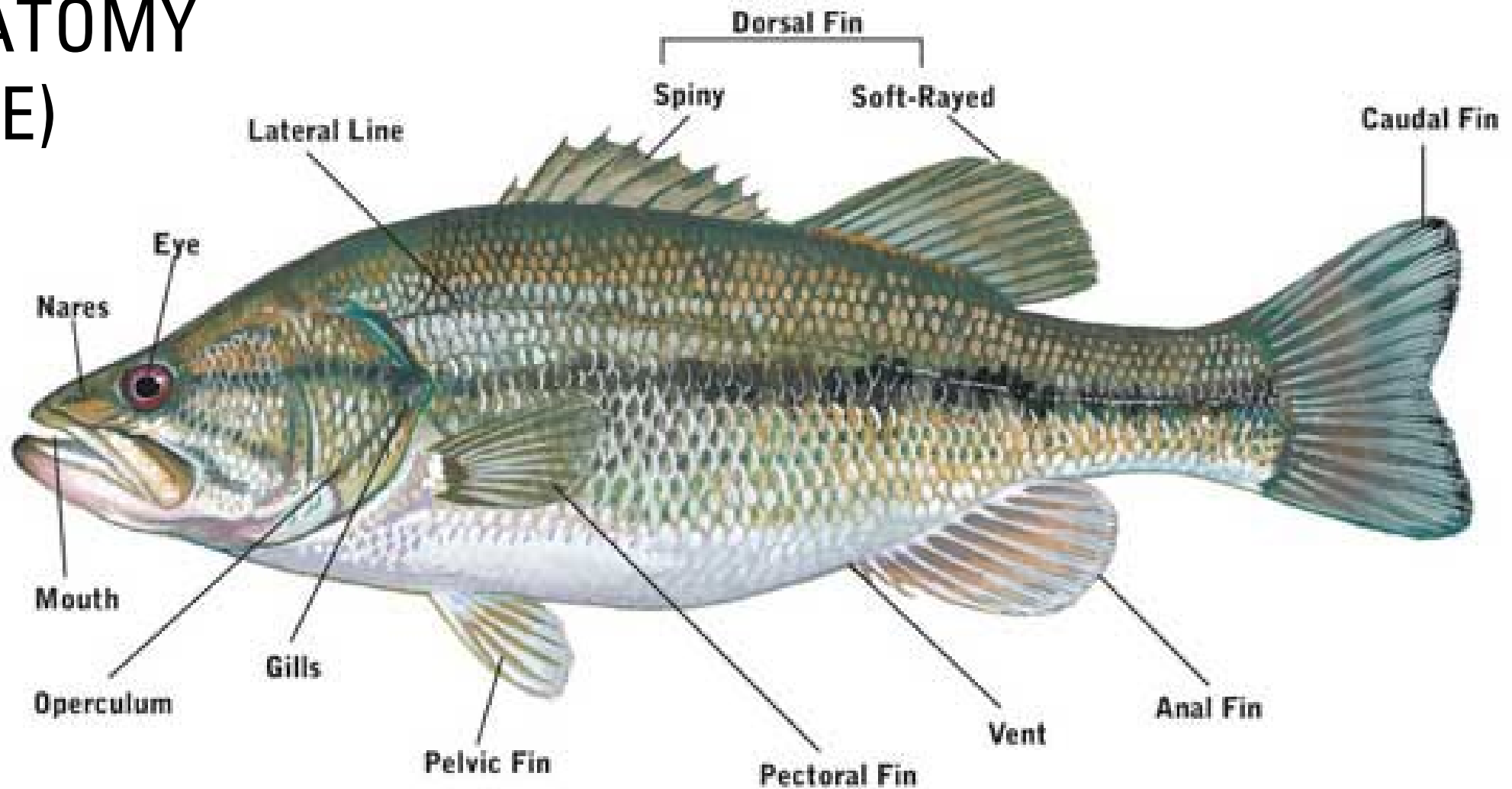
FISH LIFE CYCLE (EXAMPLE)



LIFE CYCLE of the BROOK TROUT (*Salvelinus fontinalis*)

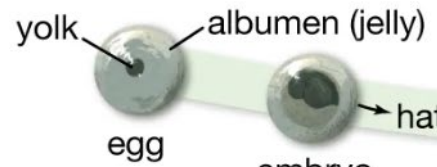


FISH ANATOMY (EXAMPLE)

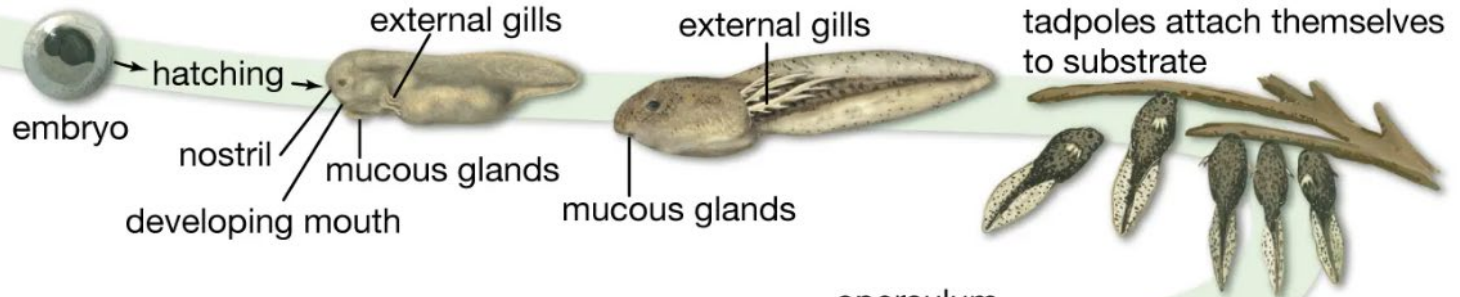


AMPHIBIAN LIFE CYCLE (EXAMPLE)

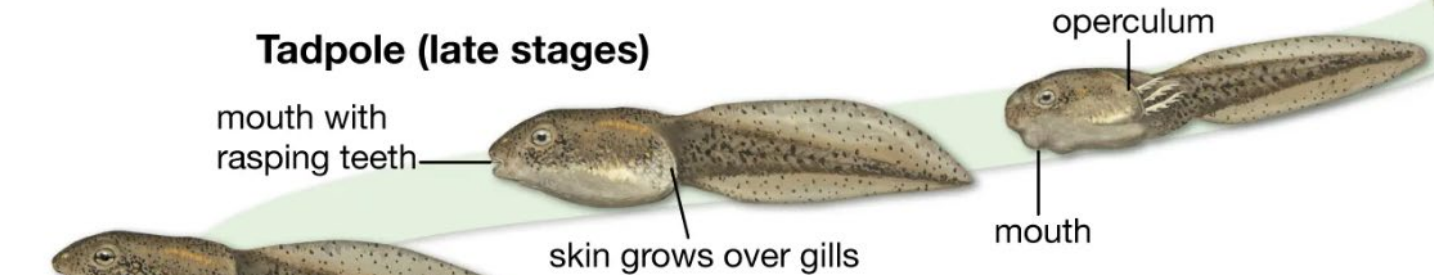
Fertilized egg



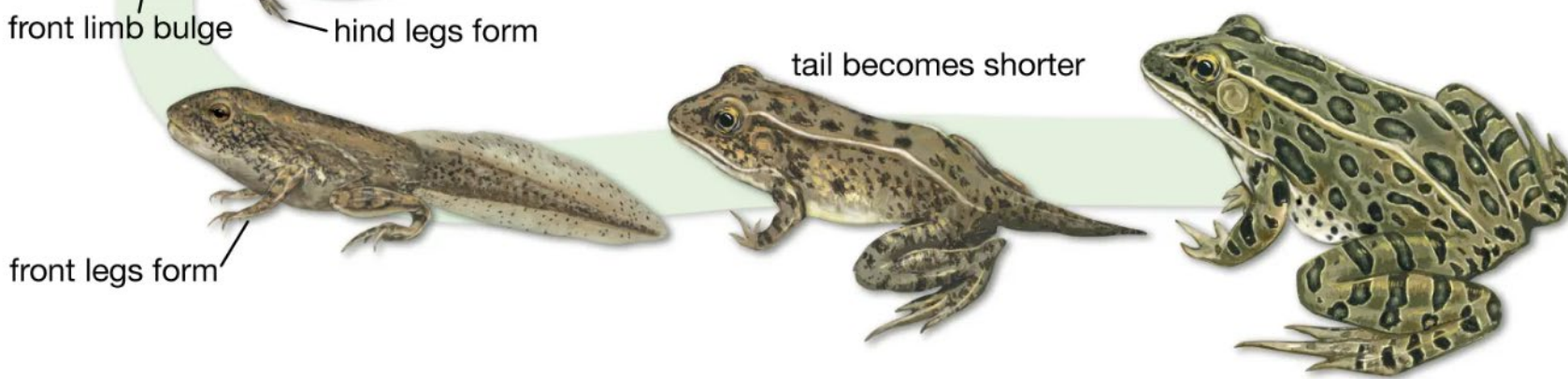
Tadpole (early stages)

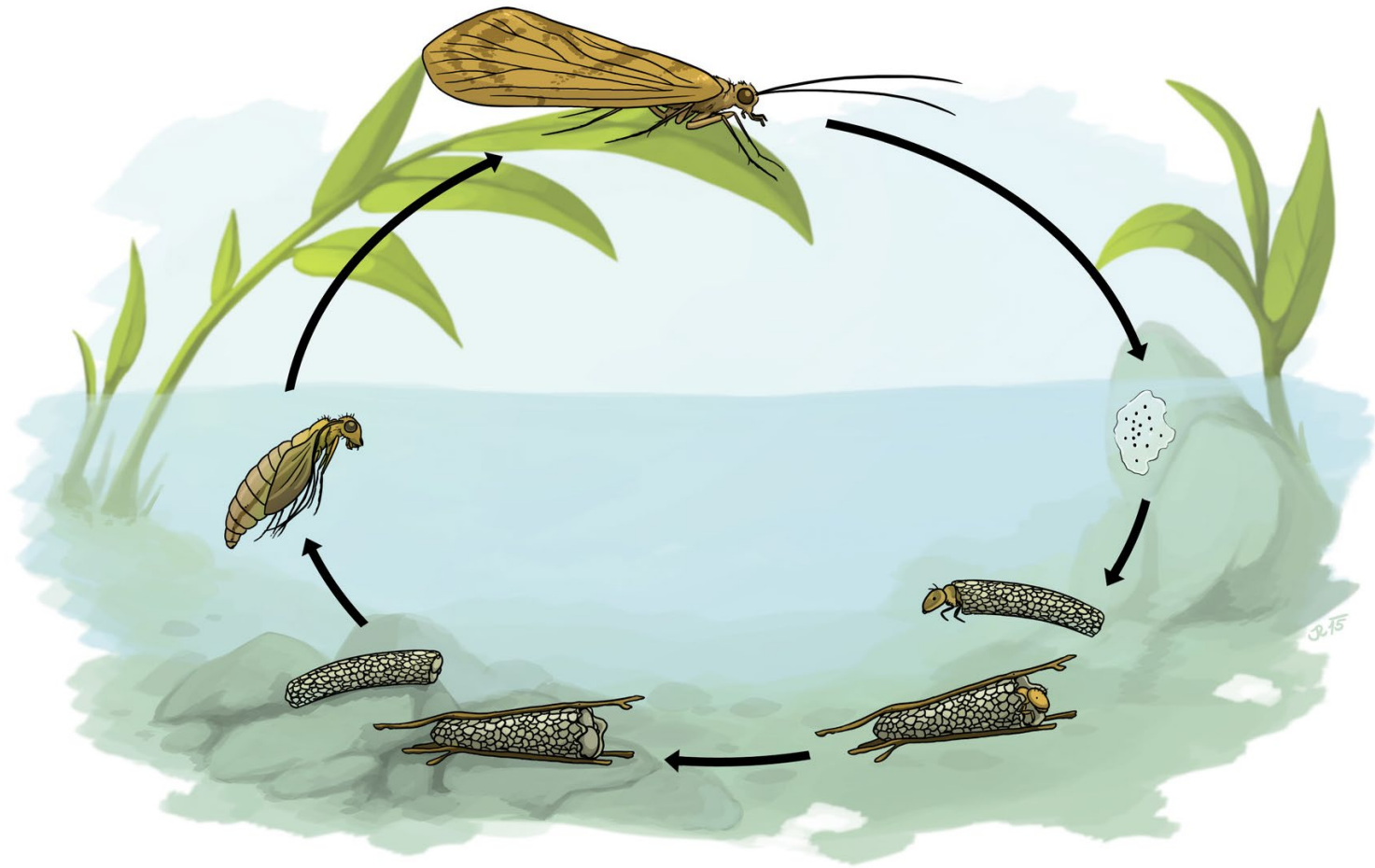


Tadpole (late stages)



Adult frog





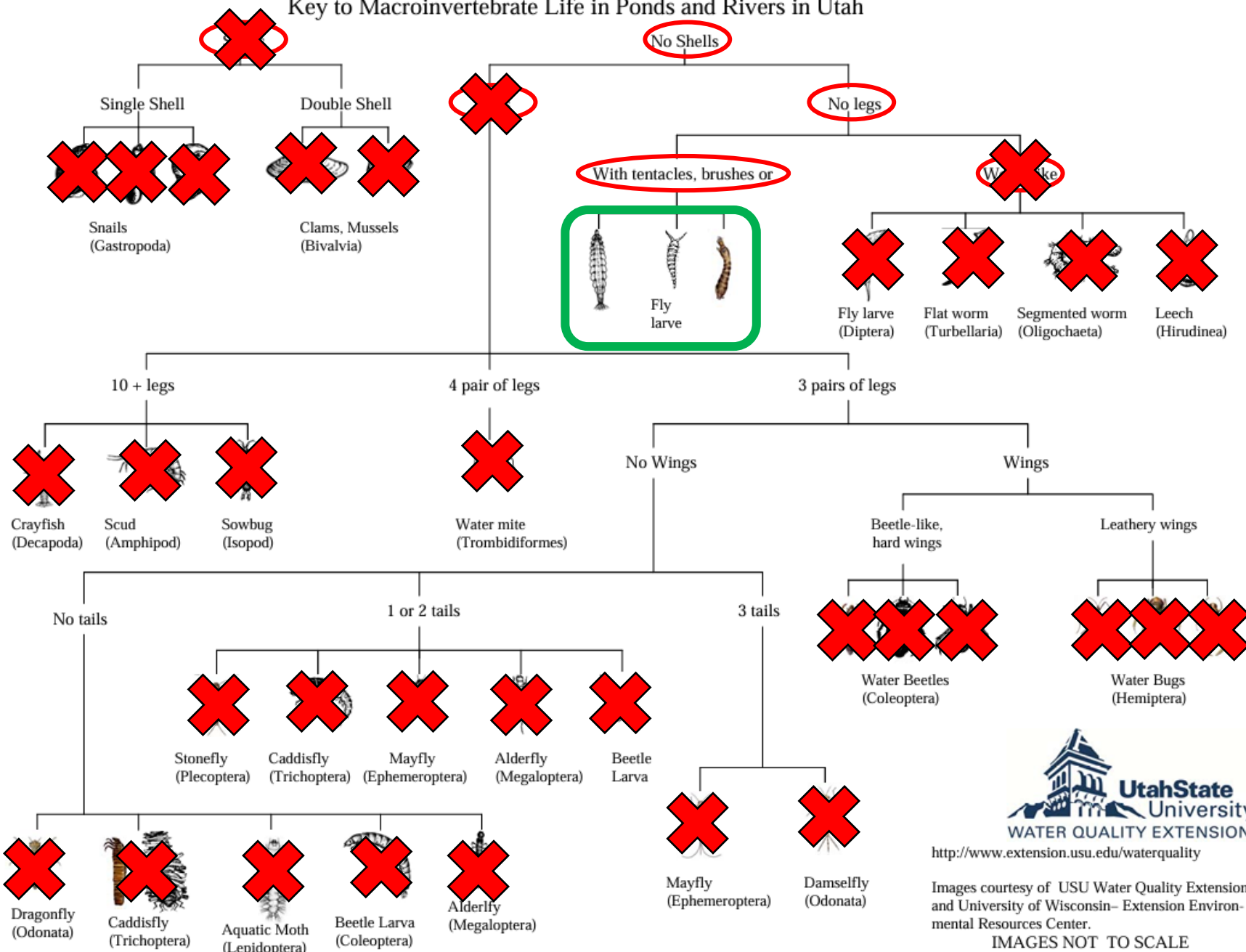
MACROINVERTEBRATES

Life Cycle (Example)

Identification

Water Quality

Key to Macroinvertebrate Life in Ponds and Rivers in Utah



MACROINVERTEBRATES

Life Cycle (Example)

Identification

Water Quality



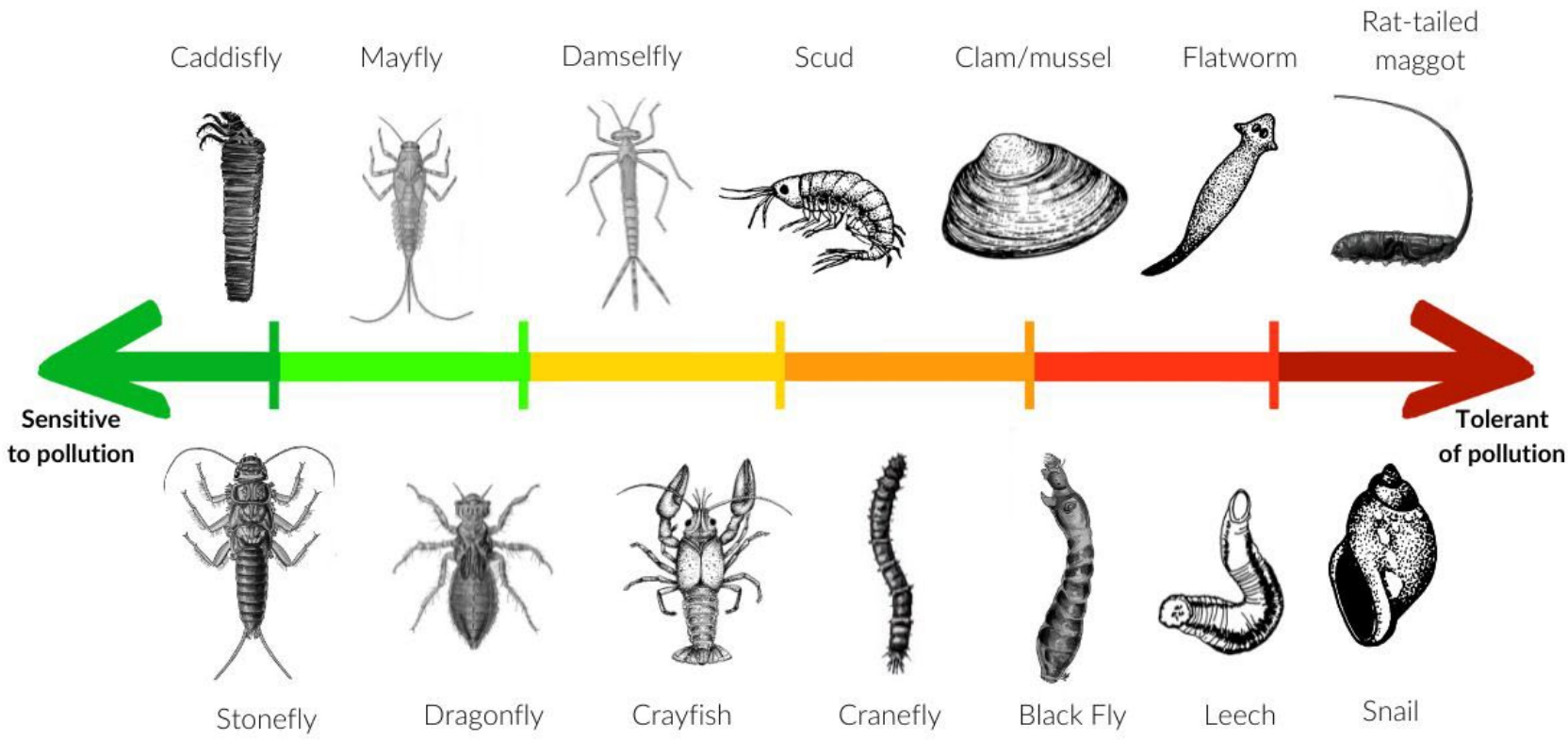
<http://www.extension.usu.edu/waterquality>

Images courtesy of USU Water Quality Extension and University of Wisconsin- Extension Environmental Resources Center.

IMAGES NOT TO SCALE



MACROINVERTEBRATES



Life Cycle (Example)

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Water Quality



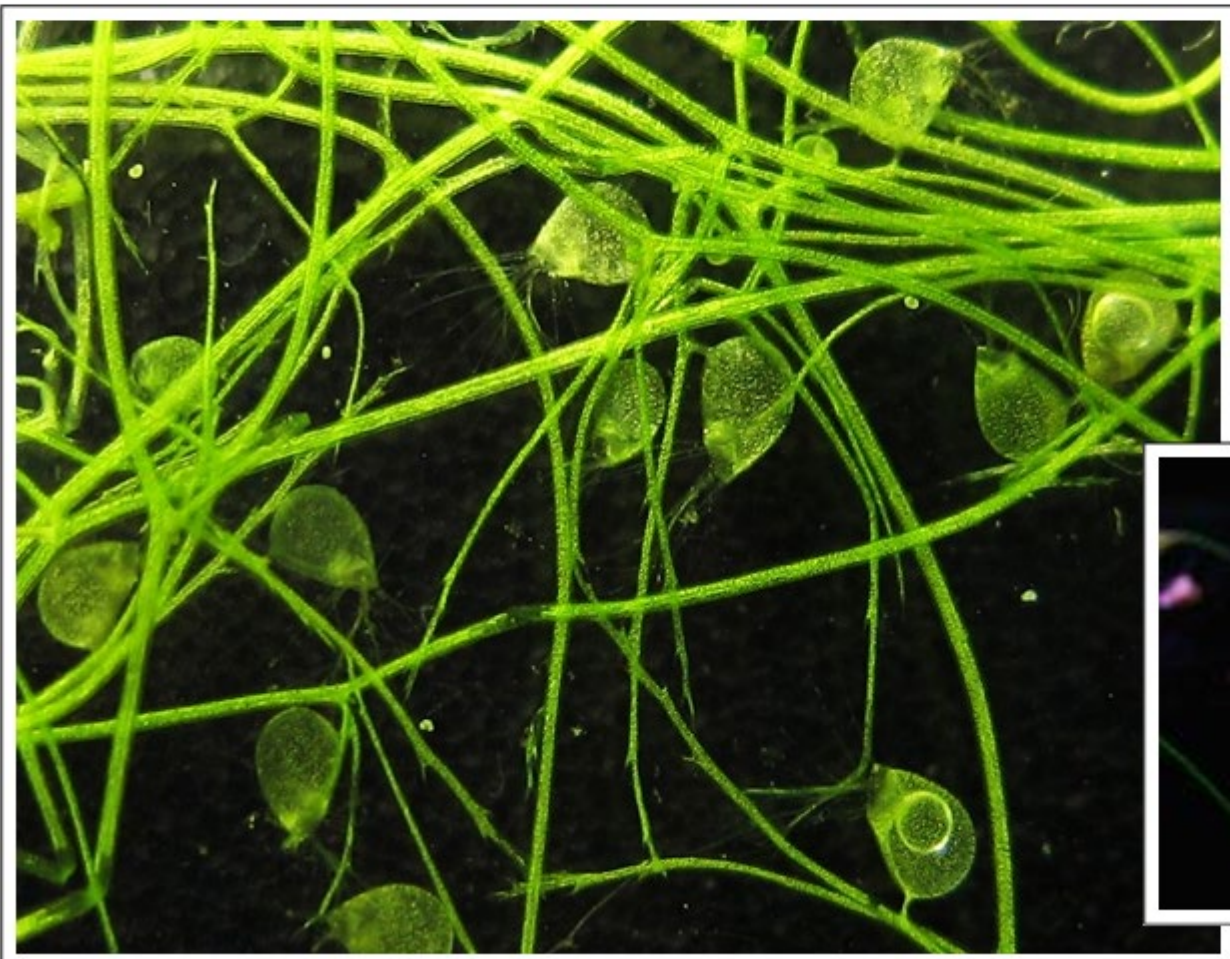
AQUATIC PLANTS (EXAMPLES)

Upright

Anchored

Free-floating

Utricularia gibba (u-TRICK-u-LAIR-ee-a GIB-ba) **Humped Bladderwort**



Bladderworts are carnivorous plants that capture and digest aquatic insects and animals by means of small bladder like traps.

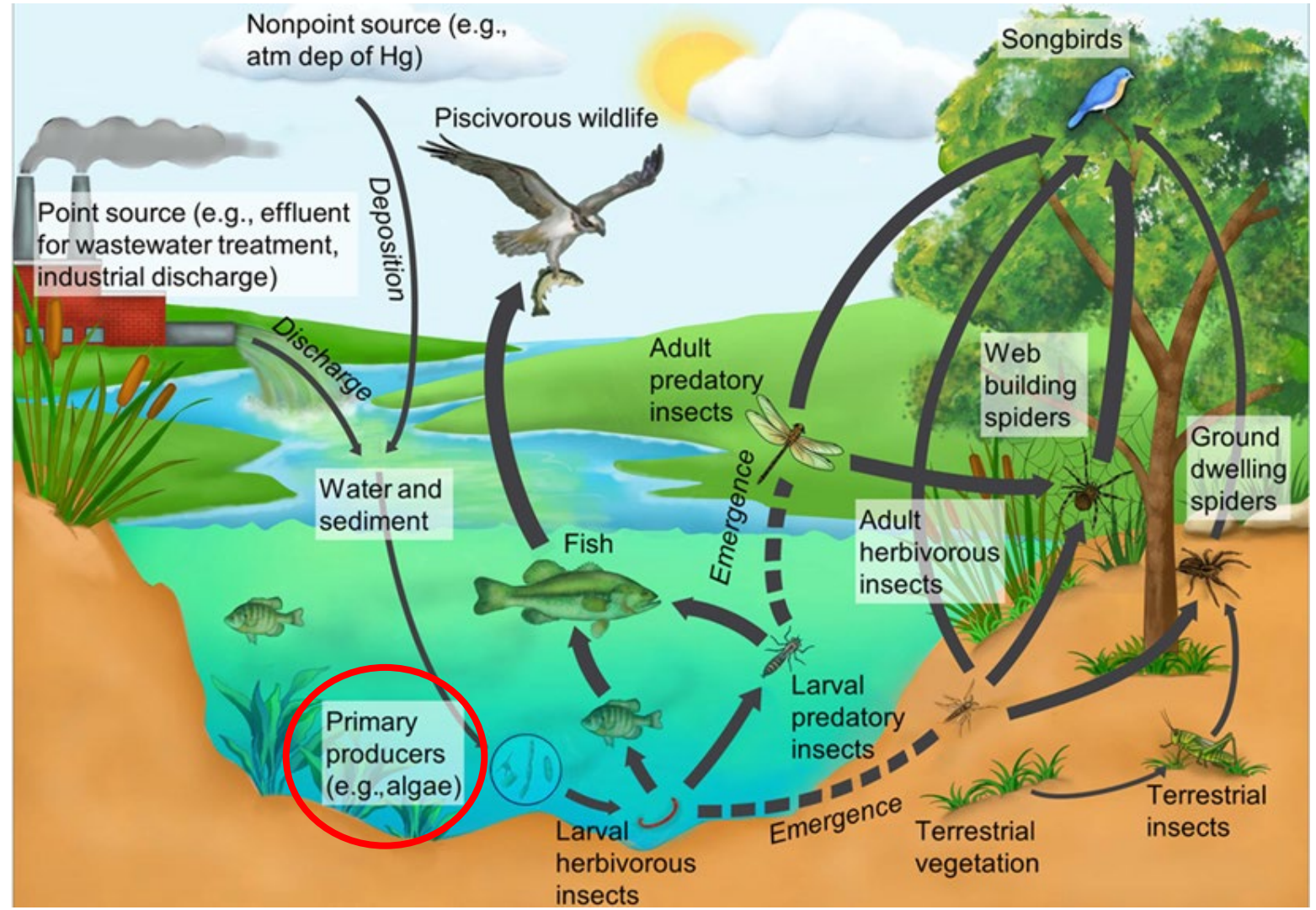


Photos from
<http://www.aquarium-kosmos.de/>

Vermont DEC Staff
Photos

Mike Haddock 2004
<http://www.lib.ksu.edu/wildflower/broadcattail.html>

AQUATIC FOOD WEB

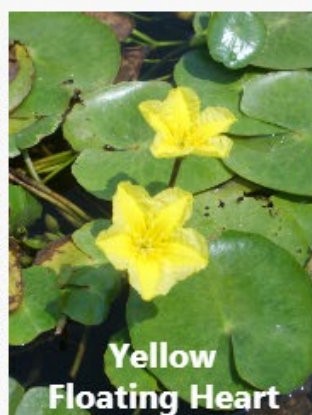
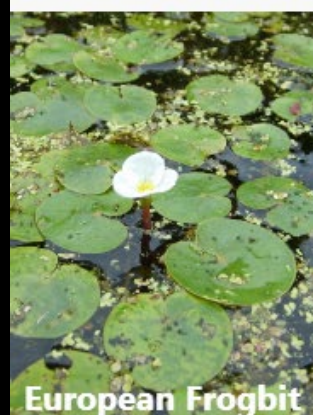
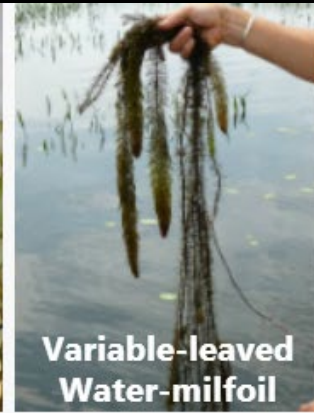


AQUATIC INVASIVE SPECIES IN VERMONT

Plants

Vertebrates

Invertebrates

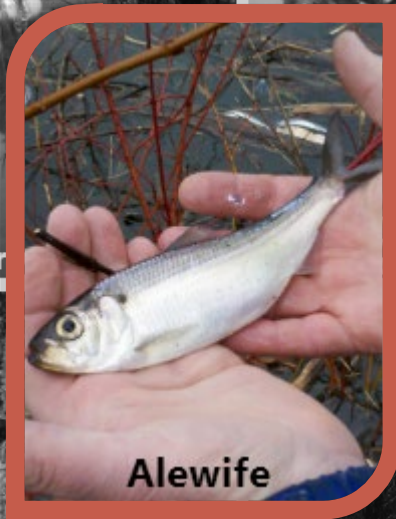
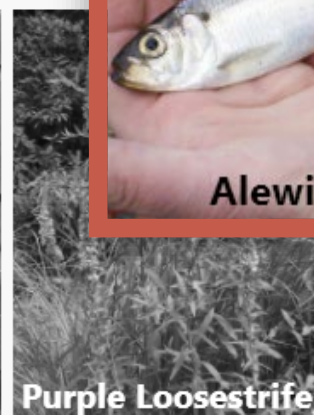
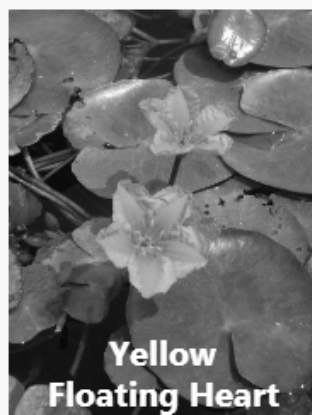
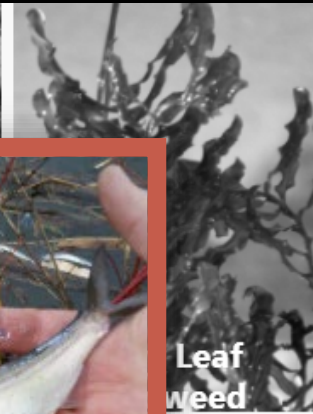
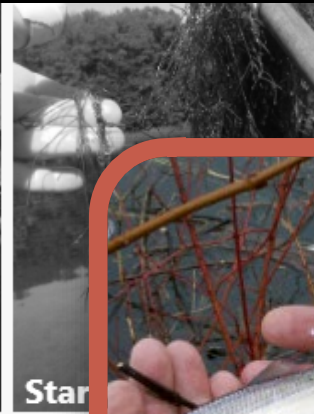
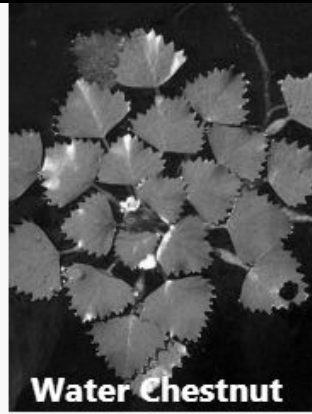


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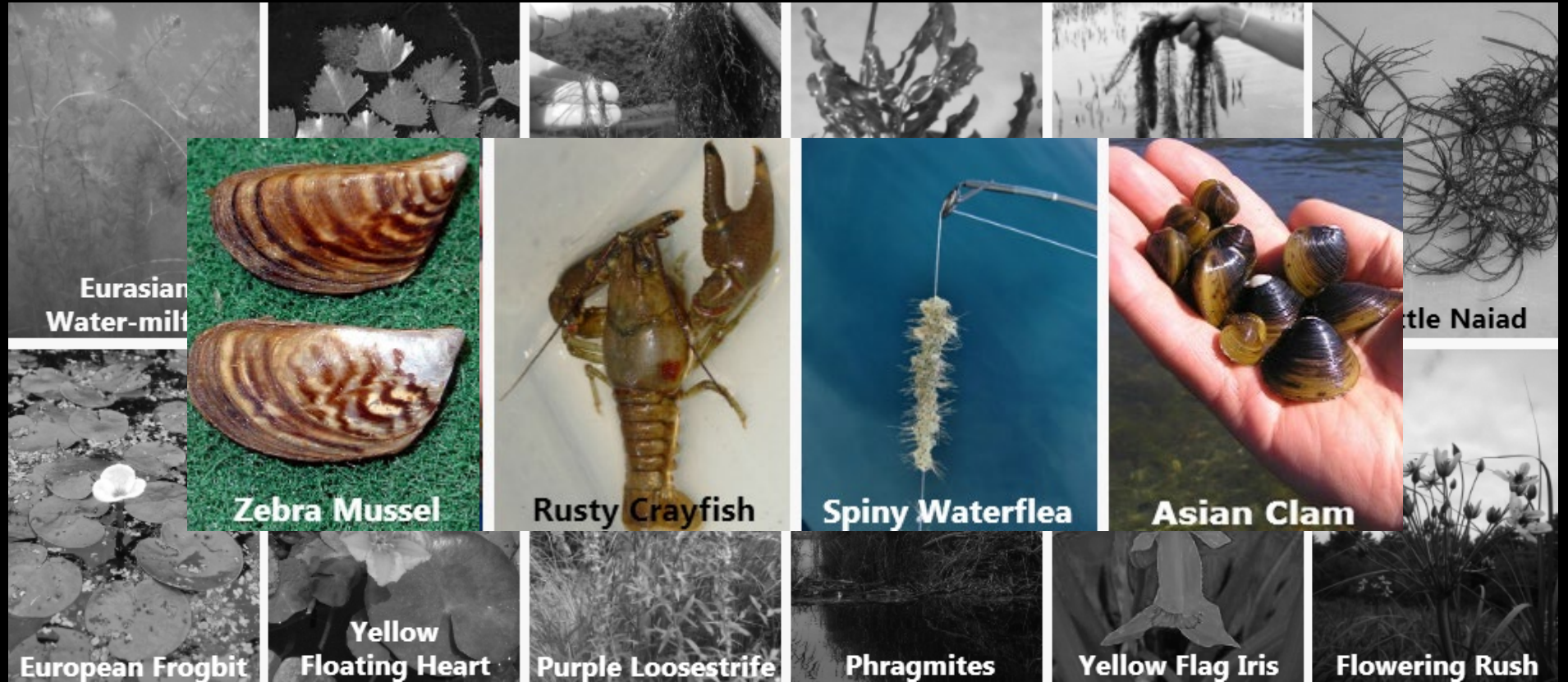


AQUATIC INVASIVE SPECIES IN VERMONT

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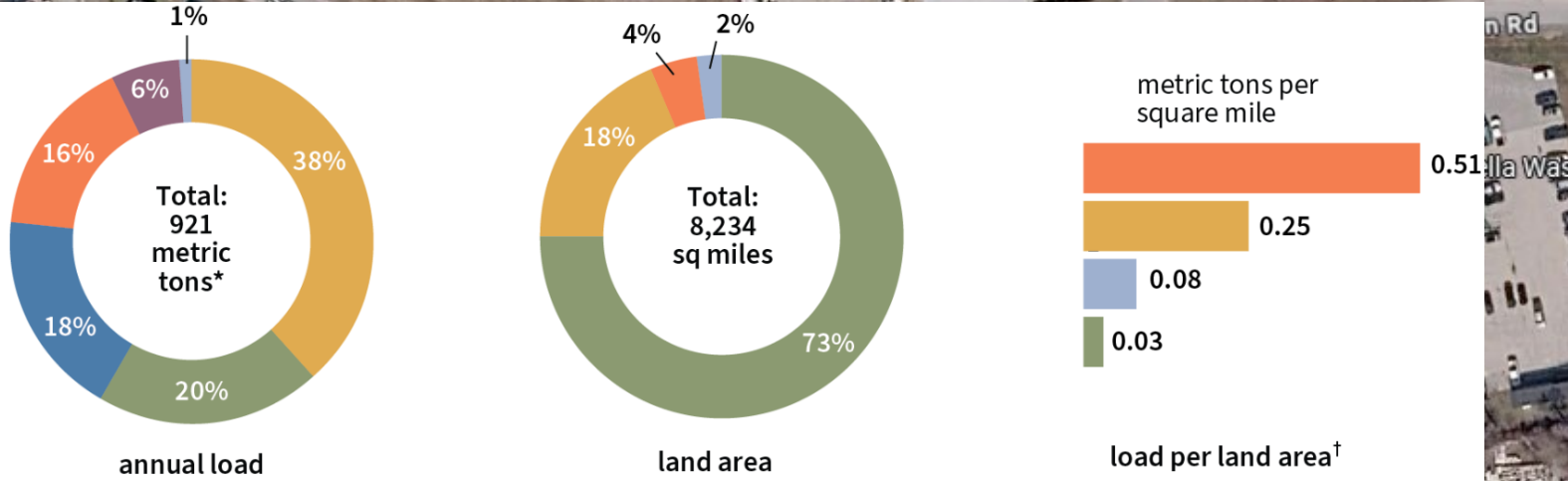
Invertebrates



WATER QUALITY BASICS AND MONITORING

- ~~Source Type~~ (Scratch that. You're basically doing this for your current issue.)
- Examples
- Monitoring
- Water Quality Classifications





■ Developed land
 ■ Wastewater treatment facilities
 ■ Agriculture
 ■ Wetlands
 ■ Forest
 ■ Streambank

* Estimated 2001–2010
 † Does not include load from streambanks and wastewater treatment facilities

DATA SOURCES: Lake Champlain Long-Term Monitoring Program; 2016 Phosphorus TMDLs for Vermont Segments of Lake Champlain

WATER QUALITY CONCERNS IN VT

- Nutrients
- Pathogens
- Anthropogenic Compounds
- Salinity/ Chlorides
- Thermal
- Sediment



WATER QUALITY CONCERNS IN VT

- Nutrients
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WATER QUALITY CONCERNS IN VT

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Researchers discover PFAS in regional ski racing

PFAS contamination at

Vermont leaders continue to ban additional forever chemicals

As the new legislative session begins, Vermont leaders are working to protect consumers and the environment.



Updated: 5:09 PM EST Jan 6, 2026

[Editorial Standards](#)

The
Kristopher Radder, Brattleboro Reformer

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WATER QUALITY CONCERNS IN VT

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WATER QUALITY CONCERNS IN VT

- Nutrients
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WATER QUALITY MONITORING

Chemical/ Physical

- Temperature 
- pH 
- Turbidity 
- Chemical Concentrations 
- Stage/ Discharge 

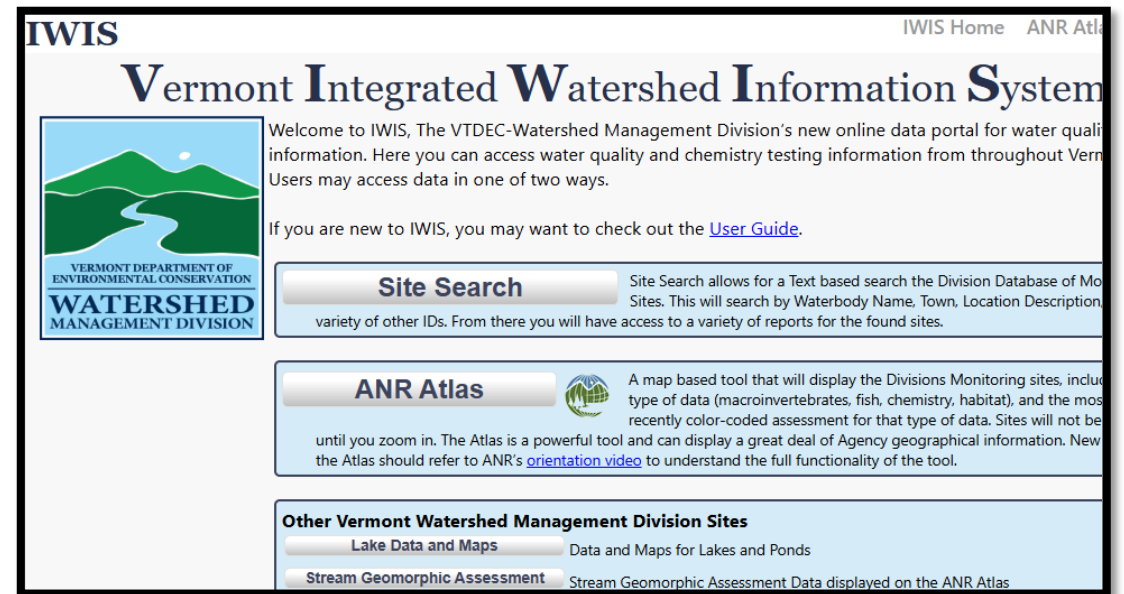
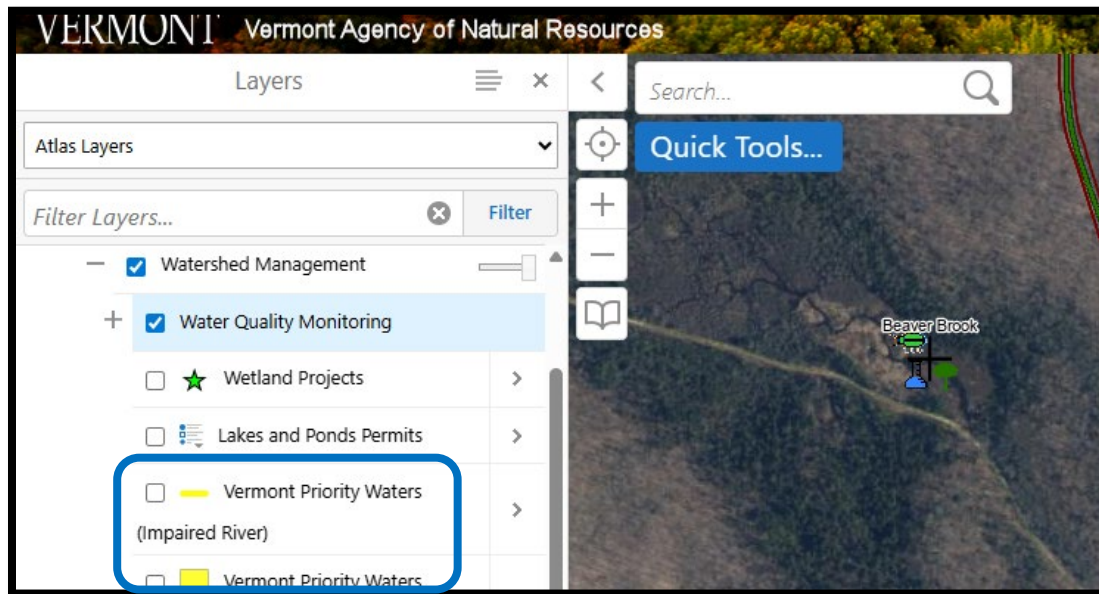
Biological

- Habitat 
- Fish Populations 
- Macroinvertebrate Populations 

How often do we need to measure to tell a complete story?

WHERE CAN YOU FIND WATER QUALITY DATA?

- VT ANR Atlas:
<https://anrmaps.vermont.gov/websites/anra5/>
- Vermont Integrated Watershed Information System:
<https://anrweb.vt.gov/DEC/IWIS/>



HOW DO WE PROTECT AQUATIC HABITAT?

Prevention

Vs.

Restoration



PREVENTION

System understanding and careful planning are key.

Luckily, smart people have done a lot of the work for us.

VERMONT
REQUIRED AGRICULTURAL PRACTICES RULE
FOR
THE AGRICULTURAL NONPOINT SOURCE POLLUTION
CONTROL PROGRAM

(Effective November 23, 2018)

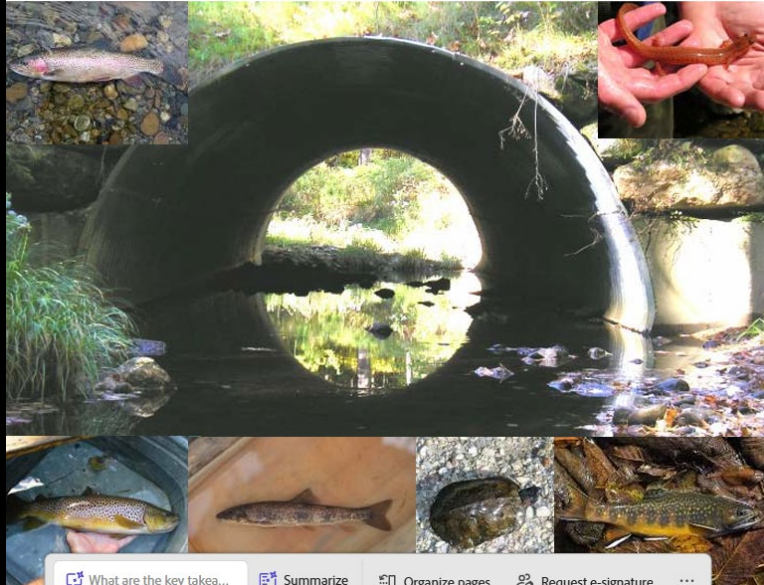


**AGENCY OF AGRICULTURE, FOOD & MARKETS
WATER QUALITY DIVISION**

Putting best available science to work improving habitat, watershed function, and water quality.

RESTORATION

Guidelines for the Design of Stream/Road Crossings for Passage of Aquatic Organisms in Vermont



What are the key take... Summarize Organize pages Request e-signature



Agriculture

• Conservation practices that reduce sources of pollution from farm production areas and farm fields.



Developed Lands--Stormwater

• Practices that reduce or treat polluted stormwater runoff from developed lands, such as parking lots, sidewalks, and rooftops.



Developed Lands--Roads

• Stormwater and roadside erosion control practices that prevent erosion and treat road-related sources of pollution.



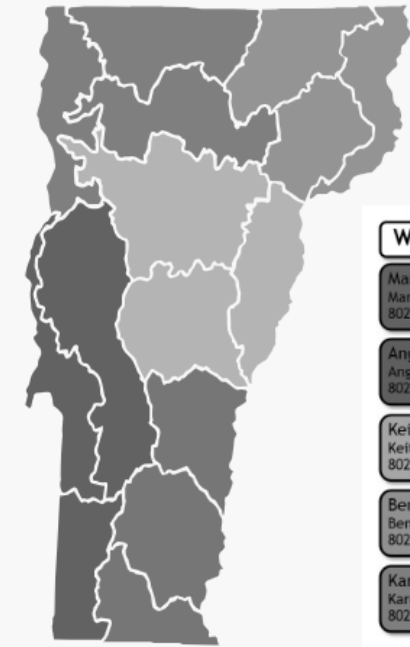
Wastewater

• Improvements to municipal wastewater infrastructure that decrease pollution from municipal wastewater systems through treatment upgrades, combined sewer overflow (CSO) abatement, and refurbishment of aging infrastructure.



Natural Resource Restoration

• Restoration of "natural infrastructure" functions that prevent and abate pollution. Natural infrastructure includes: floodplains, river channels, lakeshores, wetlands, and forest lands.



Watershed Planners

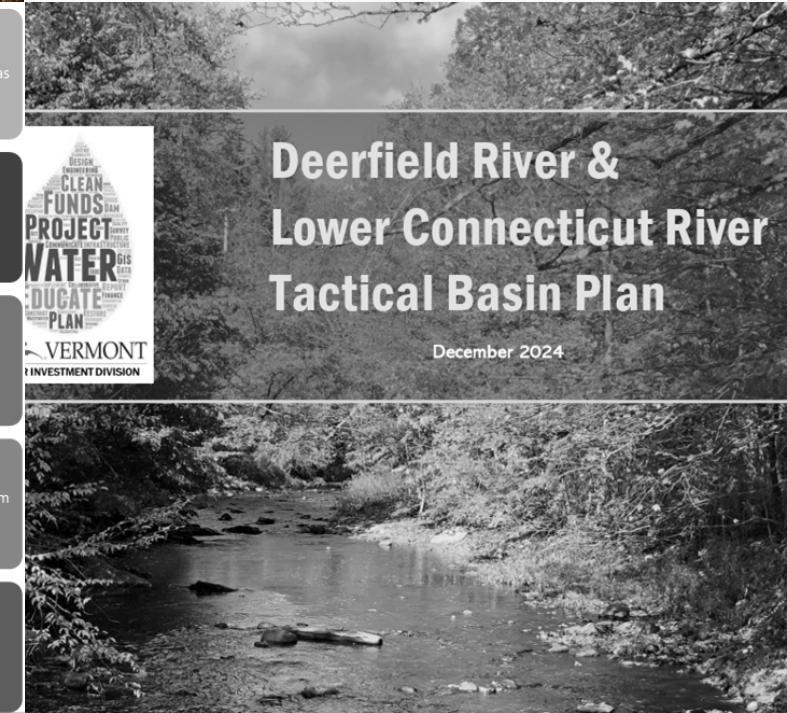
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Deerfield River & Lower Connecticut River Tactical Basin Plan

December 2024

Putting best available science to work improving habitat, watershed function, and water quality.

RESTORATION

Guidelines for the Design of Stream/Road Crossings for Passage of Aquatic Organisms in Vermont



What are the key take... Summarize Organize pages Request e-signature



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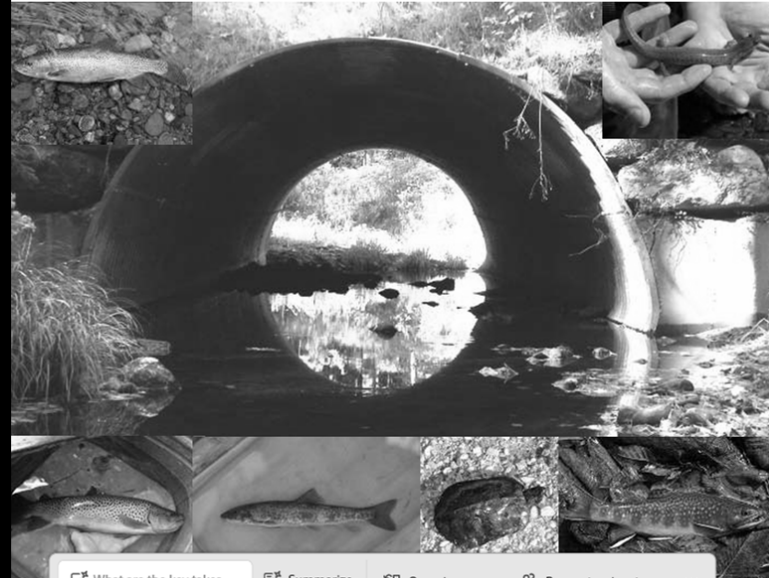
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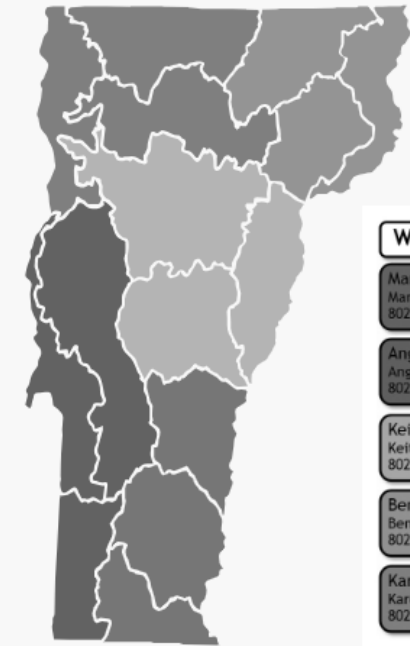
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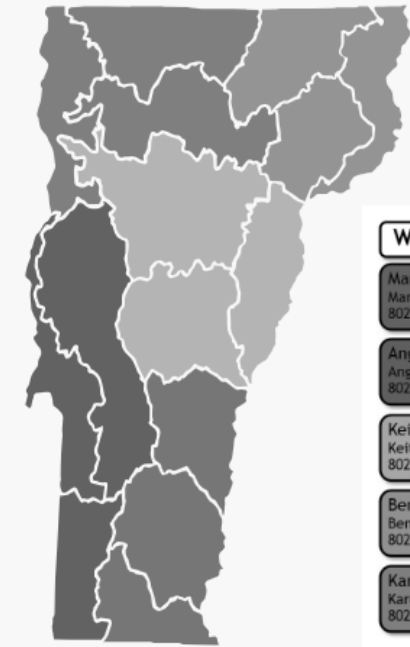
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THANK YOU

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